

Chai Mitzvah

A 10 month learning opportunity exploring adult rites of passage, adding personal meaning to your Passover Seder, Jewish teachings on interpersonal relationships, a visit to the *mikveh*, ritual bath, and more!

This class is for those new to Judaism as well as Jewish adults who seek to deepen their knowledge and experience of Jewish life.

We will cover the Jewish holidays and life-cycles, rituals, theology, prayer and will emphasize the deeper meaning behind Jewish practice. Study will be text-based and we will include *chevrutah* (paired) learning.

Beginning Thursday November 7th, 7:00-8:30pm, classes offered on various days to accommodate all schedules.

Taught by Rabbi Jessica Kessler Marshall and Heidi Piel

For Temple Beth Or Members: \$180 for the entire series or \$10 per class. Scholarships available for members, please be in touch with Rabbi Marshall: rabbimarshall@gmail.com. .

For Non-members: \$220 for the series or \$15 per class.

Registration:

1. Whether you are taking the entire series or dropping in on selected classes, please register with Chai Mitzvah at:

https://www.chaimitzvah.org/individual_registration_form

2. Please fill out our [Class Registration form](#) and send your check to:

**Temple Beth Or
3215 Lombard Avenue
Everett, WA 98201**

Instructors:

Rabbi Jessica Kessler Marshall (425) 954-1223 rabbimarshall@gmail.com

Rabbi Marshall has joyfully served at Temple Beth Or since 2009. She was previously at the University of North Carolina Chapel Hill where she served as the Hillel rabbi and has additionally served synagogues in Ohio and Long Island, New York, cared for patients' pastoral needs at the Jewish Home and Hospital in the Bronx, and worked at The Jewish Council on Urban Affairs in Chicago and United Jewish Communities in Washington D.C.

Rabbi Marshall's passion lies in the connection between Judaism and the environment -- both in nurturing the religious stirrings many feel related to the profound beauty and infinite complexity of nature and helping Jews translate their appreciation of the holiness of the natural world into concerted action to protect our planet. She has previously taught Introduction to Judaism classes at several local synagogues and looks forward to learning together. If you have any questions about the class please contact her: rabbimarshall@gmail.com.

Heidi Piel (425) 232 5812 heidi.piel@gmail.com

Heidi Piel has been a member of Temple Beth Or in Everett for eight years and during that time has dedicated herself to Jewish study, Jewish Community, Jewish leadership and promoting Jewish Education. She connected to these aspects of Jewish life while studying for her bat mitzvah just 6 years ago. She served TBO as Social Justice Chair, Governing Board President, Adult Education Coordinator and today teaches the b'nei mitzvah and Confirmation classes. She most recently completed an adult beginning Hebrew class. Heidi also works at Congregation Beth Shalom in Seattle as the Rabbinic Assistant/Life Cycle Coordinator.

Books:

- Chai Mitzvah Packet

Complimentary Books

- *God in the Wilderness* by Rabbi Jamie Korngold
- *Seasons of our Joy* by Rabbi Arthur Waskow
- *Essential Judaism* by George Robinson
- *The Jewish Way* by Irving Greenberg
- *JPS Tanakh* (Bible)

Bring: Please bring your Chai Mitzvah Packet each week

Personal Goal: For those who would like an additional component, please consider a ritual, topic of personal interest, or area of Jewish “expertise” you would like to explore. Please speak to Rabbi Marshall or Heidi Piel about resources and beginning this process.

Questions: Please do not hesitate to ask lots of questions! Everyone learns from the questions of other class members.

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DATE	TOPIC	Chai Mitzvah Booklet	INSTRUCTOR
11/7, 7pm	Tzedakah Part I	2	Rabbi Marshall and Heidi Piel
11/14, 7pm	Tzedakah Part II	2	Heidi Piel
11/27, 7pm	Denominations and First Night of Hanukkah		Rabbi Marshall
11/29, 7:30pm	Temple Beth Or Hanukkah Celebration—join us!		
12/8, 10am	Ritual Practices (may be off site, please see online calendar)		Heidi Piel
12/18, 7pm	Shabbat	Please read <i>God in the Wilderness</i> , Chapter 4	Rabbi Marshall
1/5, 10:15am	Relations with Family Part I (may be off site, please see online calendar)	4	Heidi Piel
1/22, 7pm	Relations with Family Part II	4	Rabbi Marshall
September 28	Erev Rosh Hashana		
1/29, 7pm	Siddur Part I		Heidi Piel
2/5, 7pm	Siddur Part II		Heidi Piel
2/19, 7pm	Theology		Rabbi Marshall
3/2, 10:15am	Mindfulness, Conscious Living, Writing Your Own Prayer. *If you want to make Purim masks, we will enjoy that together after class	5	Heidi Piel
3/15, 8pm	Temple Beth Or Purim Celebration		
3/19, 7pm	Life Cycles		Rabbi Marshall
4/3, 7pm	Pesach	6	Rabbi Marshall and

			Heidi Peil
5/8, 7pm	The Environment	9	Rabbi Marshall
5/21, 7pm	Gratitude	8	Rabbi Marshall
6/5, 7pm	Rebuking Family and Friends	3	Heidi Piel
6/21, 10am	Shabbat Service Participation and Oneg		Rabbi Marshall and Heidi Piel
TBD	2 Summer excursion to the mikveh and a kosher kitchen		
8/20, 7pm	High Holidays Part I		Rabbi Marshall
9/4, 7pm	High Holidays Part II		Heidi Piel
9/14, 10:15am	Writing a d'var Torah		Heidi Piel
9/21, 10:15am	Writing a d'var Torah Part II		Heidi Piel