

High Holy Days
2020/5781
Guest/Non-Member
Information Booklet



Temple Beth Or

3215 Lombard Ave.

Everett, WA 98201

425-259-7125

www.TempleBethOr.org

Dear Visitors and Guests,

We are delighted to share the High Holy Days (HHD) with you. It would be our pleasure to welcome you in person, however, this year we will be maintaining social distancing due to the COVID-19 pandemic and conducting all our services and programming virtually. Please note that once we receive your registration information, and as it gets closer to the High Holy Days, we will send you Zoom links to all the services. For security reasons, some of these are going to be specific to you. **We ask that you do not share links with anyone else.** There will be no charge for services this year although a donation would be greatly appreciated. Please make sure you include an email address in your registration materials. **We require most registration information by August 25, 2020. See page 6 for exceptions.**

As we move towards the High Holy Days, we are looking forward to joining together to be inspired to be the individuals and community we hope to be in the year ahead. Rabbi Rachel Kort will again be leading in partnership with Cantor Ellen Dreskin. We hope you will join us for our first opportunity to mark this reflective season at our *S'lichot* service on Saturday, **September 12, 2020**, beginning at 7:30 pm.

This booklet contains information about preparing ourselves both spiritually and logistically. This year we have a wealth of programming and services for you to consider. To guide you through the High Holy Days season, enclosed in this booklet please find:

- The General Information Sheet
- Schedules of Services and Programs
- Supplemental Programming Information Sheet
- 5781/2020 High Holy Days Calendar, including pre-HHD programming
- Non-Member Registration Form – again, please note: **This year you will not receive invitations (tickets) but for security reasons registration will be required in order to receive Zoom links.**

If you have questions about membership at Temple Beth Or, please speak with Membership Committee chair, Leslie Elsemore. To receive a call from Leslie and the Membership Committee, call the Temple office at 425-259-7125 x 1.

Please assist the group of HHD volunteers by giving your prompt attention to this booklet. If you have any questions about our 5781 High Holy Days, contact the Temple office.

We look forward to greeting the New Year with you!

L'shanah tovah,

*Rabbi Rachel Kort
Vicky Romero, President
Debra Lawson, HHD Coordinator*

General Information

*This information and any updates will be on the Temple Beth Or website,
www.TempleBethOr.org*

Zoom links: Security for all of our programming is a priority. **You must pre-register to receive some of the Zoom links, as they will be for Zoom Webinar and will not be publicly shared. There won't be the opportunity to receive last minute links!** Non-members, including family not living with members, must also register to receive Zoom links. There will be no cost for non-members at our High Holy Days (HHD) this year.

A quick explanation of the different types of Zoom we will be using: Zoom Pro (which we have been using) is ideal for hosting interactive sessions; Zoom Webinar is like a virtual auditorium, more suited for larger groups that are less interactive.

Prayer books: There are multiple ways to obtain the Rosh HaShanah and Yom Kippur HHD prayer books during the HHD season.

- **Books for purchase:**
 - *Mishkan Hanefesh* is available as two books (Rosh HaShanah and Yom Kippur) on **Amazon for Kindle**. The Kindle app is free and available for use on any computer or tablet.
 - You can **purchase hard copies** of the two books directly from the publisher:
http://www.ccarpress.org/shopping_product_detail.asp?pid=50288
- **FlipBooks:** The two prayer books are available as flipbooks free of charge online. This method of using the prayer books **works best if you have two devices**, as the flipbooks obscure part of the screen when trying to use them and viewing the service at the same time. See website for the link to download.

HHD Bulletins: In September you will be receiving a HHD Master Bulletin by email which will cover the entire HHD period.

High Holy Days Singers: The HHD singers have been working with Cantor Dreskin to prepare music for you to enjoy during HHD services. Listen for their singing during the High Holy Days observances.

Tashlich: Unfortunately, we cannot safely have a communal *Tashlich* service this year. You will be receiving information to help you create your own *Tashlich* observance, if you wish to do so.

HHD Food Bank Drive: This year as we are unable to be together in person a monetary donation either as a check made out to Volunteers of America Western Washington (VAWW), or grocery store gift cards sent directly to VAWW would be greatly appreciated. They allow the Food Bank to purchase items most needed. For more information go to www.voaww.org.

Donations: As the HHD are a traditional time to make donations, we suggest donations in support of the Temple Beth Or General Fund, the Wexler High Holy Days Music Fund, the Torah Repair Fund, and/or the *Tzedakah* Fund to help organizations and individuals in need. Many thanks to Eldon and Carolyn Wexler for the creation of the HHD Music Fund.

Sukkot and Simchat Torah: Please see information on the TBO website for details about the fall holidays. Since we are unable to gather for Sukkot, we are providing information for purchasing your own Lulav and Etrog sets for Sukkot. Should you desire a set, contact **Hadar Etrogim** (hadaretrogim.com). They are the Temple's supplier and have sets starting at \$26 plus shipping.

High Holy Days and Fall Holidays 5781

led by

Rabbi Rachel Kort

and

Cantor Ellen Dreskin

Service, Leader, Zoom Type	Date and Time	Target Audience and Service Description	Themes
<i>S'lichot</i> Service and Activities with Rabbi Kort, via Zoom Pro	Saturday, Sept. 12 7:30-8:15 pm 8:15-8:30 pm 8:30-9:00 pm	All ages Spiritual Preparations for the HHD Oys and Joys Schmooze time <i>Havdalah—S'lichot</i> Service	Spiritual Preparations <i>K'hilah/Community</i>
Erev Rosh HaShanah Service, with Rabbi Kort and Cantor Dreskin via Zoom Webinar	Friday, Sept. 18 7:00-8:00 pm	Multi-generational Rosh HaShanah Seder with traditional and contemporary elements	L'chayim! To Life! Affirming life and celebrating blessings
Morning Blessings & Mindfulness With Cantor Dreskin via Zoom Pro	Saturday, Sept. 19 8:15-9:00 am	All Ages Morning Mindfulness Activity	Spiritual preparation Music
Rosh HaShanah Morning Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar	Saturday, Sept. 19 10:00-11:15 am	All ages Traditional Worship Service with creative elements	<i>Bereshit/Creation K'hilah/Community</i>
Rosh HaShanah Youth Service, with Rabbi Kort and Cantor Dreskin, via Zoom Pro	Saturday, Sept. 19 3:00-3:45 pm	Youth Youth Service and <i>Tashlich</i> Experience	<i>Bereshit/Creation K'hilah/Community</i>
Shabbat <i>Shuvah</i> Service, with Rabbi Kort, via Zoom Pro	Saturday, Sept. 26 10:00-11:00 am	All ages Traditional Shabbat Worship Service	Forgiveness and Repair
Erev Yom Kippur Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar	Sunday, Sept. 27 7:00-8:15 pm	All ages Traditional <i>Kol Nidrei</i> Service with creative elements	Forgiveness and Repair <i>K'hilah/Community Tradition</i>

Morning Blessings & Mindfulness with Cantor Dreskin, via Zoom Pro	Monday, Sept. 28 8:15-9:00 am	All ages Morning Mindfulness Activity	Spiritual preparation Music
Yom Kippur Morning Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar	Monday, Sept. 28 10:00-11:00 am	All ages Traditional Worship Service with creative elements	Forgiveness and Repair <i>K'hilah/Community</i>
Yom Kippur Yizkor Memorial Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar	Monday, Sept. 28 11:30 am – 12:30 pm	All ages Traditional Memorial Service including recitation of community <i>Yizkor</i> list	Affirming life through sanctifying loved ones' memories <i>K'hilah/Community</i>
Yom Kippur Youth Service, with Rabbi Kort and Cantor Dreskin, via Zoom Pro	Monday, Sept. 28 3:00-3:30 pm	Youth	Being our best selves, families, communities <i>K'hilah/Community</i> L'chayim! To Life! Affirming life and celebrating blessings of this New Year
Adult Learning Opportunity with Heidi Piel, via Zoom Pro	Monday, Sept. 28 Time TBD	See the Supplemental Programming, page 7	
Yom Kippur Healing Service, with Rabbi Kort, Cantor Dreskin, and Sheryl Shapiro, via Zoom Pro	Monday, Sept. 28 4:00-4:45 pm	All ages Contemporary Service with traditional elements	Healing during pandemics and racism <i>K'hilah/Community</i>
Yom Kippur Concluding Service with Rabbi Kort and Cantor Dreskin, via Zoom Pro	Monday, Sept. 28 5:15-6:15 pm	Multi-generational Traditional <i>N'ilah</i> Service with creative elements. Will include <i>Havdalah</i>	L'chayim! To Life! Affirming life and celebrating blessings of this New Year <i>K'hilah/Community</i>

Supplemental Programming

Temple Beth Or is excited to present the following supplemental programming this year. Please note, registration for these programs is different from other programming in this booklet. **Please RSVP to Sarah in the TBO office: 425-259-7125 by the day prior at 5:00 pm and for the Sunday offering on Friday at 2:00 pm. You will then receive the link and any other handouts, ingredients lists, reading, YouTube links, etc. that go with the presentation.**

Creating Deep Connections in a Virtual World; Soul Work

August 20, 2020, Time: 7:00pm

For 35 years I believed I had a food problem. For 20 years I thought I had a work problem and for 19 years I thought I had relationship problems. However, what I have come to realize is that each of these things is not a problem. They were symptoms of a bigger issue. I had a spiritual practice problem. I had succumbed to a life that looked nothing like I thought it would be, and most of it because of my own best thinking. By throwing everything I thought I knew away and gathering up all that I had learned, I began to develop a new way of being. For this class I will share what I have learned from my experience so far and together we will share wisdom and insights we each bring to our spiritual practice.

Amy Paquette, Presenter: Amy is the proud mother of Adina Paquette and wife to Dan Paquette (fun TBO guy!). When Amy isn't finding funding for the Starlight Children's Foundation, she is at home thinking about how to revolutionize some of the world's most significant issues. Then she gets tired and streams Netflix. However, Amy looks forward to sharing her latest experience - finding the answers to life's questions by developing a regular spiritual practice.

How Do We Move Forward in All This Brokenness?

August 25, 2020, Time: 7:00pm

How much am I responsible for? How far does my reach extend? When can I say enough? It all sounds great, but what are the limits?

Rabbi David Fine, Presenter: While he rarely gets to use the title, David Fine is rabbi emeritus of Temple Beth Or, having served from 1993-1998 as our congregation's first rabbi. He joined the staff of the Union for Reform Judaism in 1996, working with smaller congregations, their rabbis, lay leaders, and boards. He also advises congregations on mergers and collaborative ventures, using design thinking and appreciative ways of creating a stronger future. Rabbi Fine was part of the core team that brought URJ Camp Kalsman to fruition and has been an active member of the Camp Commission and faculty since its inception. He relishes every opportunity to teach, to learn, and find meaning in relationship with others.

Questioning Our Troublesome Texts

August 30, 2020, Time: 7:00pm

Together we will examine Genesis and the misogynistic views in the text. We will look at these sections with a historical perspective and through a contemporary lens. The session will include large and small group conversations.

Sonia Siegel Vexler, Presenter: Sonia is a founding member of Temple Beth Or and has served on the Board in a variety of capacities. She currently serves as the chair of the Nominations Committee, the Diversity, Equity, and Inclusion Task Force and our Leadership Development Program. Sonia has also served on the North American Board for the Union for Reform Judaism.

Shofar Blowing; Hitting the Notes

September 10, 2020, Time: 7:00pm

Learn how to blow the notes for both the Rosh HaShanah and Yom Kippur Services

Al Friedman, Presenter: Al is a founding member of Temple Beth Or and has been involved in liturgical music for the past 20 years. He is a regular shofar blower each year and has taught several shofar making and blowing classes. Al is currently a faculty member at Everett Community College.

A High Holy Days Apple Crisp...Or is it a Cobbler?

September 16, 2020, Time: 7:00pm

A Rosh HaShanah baking experiencing for (almost) all ages. An opportunity to make something sweet to bring in the new year. Exact measurements not required. This will be a bake-along.

Miriam Wnuk, Presenter: Miriam Wnuk is the 2020 Hebrew School Coordinator at Temple Beth Or and this will be her 14th year involved in the TBO Youth Education program. She has taught everything from 3rd grade to high school students and her cooking lessons are always well received by the students, staff, and parents. In her day job, she is the Interlibrary Loan Librarian at City U of Seattle and the Chairperson for the Northwest Interlibrary Loan Conference. She joined TBO in 1980-something as a toddler and has never left.

Yom Kippur Afternoon Text Study

September 28, 2020, Time TBD

Subject to Divine intervention

Heidi Piel, Presenter: Heidi has been a long time board member, temple president, service leader, teacher, and b'nei mitzvah tutor. For the past five years Heidi has provided a Yom Kippur afternoon Text Study inviting people to help her explore texts from a new perspective, finding new wisdom and wonder, and applying these discoveries to our modern lives.

August 2020 / *Elul* 5781

HHD Supplemental Programming and Important Dates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> MOST REGISTRATION MATERIALS ARE DUE IN THE OFFICE AUGUST 25 </div>	10	11	12	13	14	15
16	17	18	19	20 Creating Deep Connections in a Virtual World; Soul Work Program 7:00pm	21	22
23	24	25 How Do We Move Forward in All This Brokenness? Program 7:00pm Most Registration Materials, including Yizkor list changes Due!	26	27	28	29
30 Questioning Our Troublesome Text Program 7:00pm	31					

MOST REGISTRATION MATERIALS ARE DUE IN THE OFFICE AUGUST 25

See page 6 for Supplemental Programming deadlines.

September 2020 / Elul-Tishrei 5781

High Holy Days Services and Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10 Shofar Blowing; Hitting the Notes Program 7:00pm	11	12 <i>S'lichot</i> Service and Activities 7:30pm
13	14	15	16 HHD Apple Crisp Program 7:00pm	17	18 Erev Rosh HaShanah Service 7:00pm	19 Rosh HaShanah Services 8:15am, 10:00am, 3:00pm
20	21	22	23	24	25	26 Shabbat <i>Shuvah</i> 10:00am
27 Erev Yom Kippur Service 7:00pm	28 Yom Kippur Services 8:15am, 10:00am, 11:30am, 3:00pm, 4:00pm, 5:15pm Text Study time TBD	29	30			
OCTOBER FALL HOLIDAY OBSERVANCES:	Sukkot Celebration: October 13, 2020	Simchat Torah Celebration: October 20, 2020				

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Temple Beth Or

High Holy Days 5780 Non-Member Registration Form

Please fill out this Registration Form and mail to:
Temple Beth Or, 3215 Lombard Ave, Everett, WA 98201.

Alternatively, you may register online at
<https://templebethor.org/hhd5781-guest-form/>.

All registration forms due by August 25, 2020. Please print clearly.

Family Name(s): _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email:** _____

Donations:

High Holy Days donation for Temple Beth Or: \$ _____

High Holy Days donation for *Tzedakah*: \$ _____

Wexler High Holy Days Music Fund: \$ _____

Torah Repair Fund: \$ _____

Total Amount Enclosed: \$ _____

One small last thing: Please tell us how you found out about Temple Beth Or!



Temple Beth Or
3215 Lombard Ave
Everett, WA 98201
425.259.7125

Return Service Requested

Temple Beth Or Mission Statement

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse,
serving the northern Puget Sound region of Washington State.

As God's covenantal partners in fulfilling mitzvot, our priorities are:

- ***K'hilah*** (community)/***Mishpachah*** (family) — nurturing our interactive, multigenerational extended family;
- ***Torah*** — lifelong learning, searching for meaning, and seeking comfort and healing;
- ***Avodah*** — worship and celebration through the observance of meaningful, creative, and traditional rituals;
- ***Tikkun Olam*** — transforming ourselves and our world through *tzedakah* (fairness), social justice, and *g'milut chasadim* (acts of loving kindness).

