



*Rejoice,  
Renew,  
Reconnect*



*The Temple Beth Or Governing  
Board wishes you and yours  
a sweet, peaceful, and meaningful  
New Year.*



**House of Light**

**3215 Lombard Ave, Everett, WA 98201**

**425.259.7125**

**Founded 1985**

**TempleBethOr.org**



## Our Rabbi

President's

Message

K'hilah/

Mishpachah

Torah

Avodah

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Leadership

## L'Shanah Tovah--To a Good Year



2020. It has already been deemed the worst year in our lifetime and there are still a handful of months to go. Most of us have seen these posts on social media. Famous actors have used pictures from their own movies to show their feelings about 2020 over the past eight months. Reese Witherspoon started the trend. January is of a perky, energetic Witherspoon from *Legally Blond*. The last few months show her character from *Wild*, tired and haggard and weighted down by a metal frame hiker's backpack. At first, I found myself laughing at these posts but then I started to wonder...what will they look like come December!?

While four months remain in our secular year, in just a few days, on Friday, September 18, we will mark a new year together in our Jewish community, 5781. If only turning ahead to a new year meant turning away from the difficulties that surround us

as 'so over 2020' memes suggest. While we have little control over the events that will occur in the year 5781 or 2021, we can shape our reactions to what happens around us.

Our High Holy Days offer authentic tools to help us process the year that has passed and propel us into the year ahead with intention. This year the themes and essential questions of our High Holy Days seem more relevant than ever before:

- L'Chayim!* To Life!: What are the life affirming moments we can celebrate this season through blessings?
- Bereshit*/Creation: How do we want our world to be?
- Forgiveness and Repair: How do we move forward after brokenness?
- Remembering: How can we affirm life through sanctifying our loved ones' memories?

While we know we will face challenges

in the months and year ahead, our High Holy Days will help us frame the year through the lenses of blessing, community, reflection, and tradition.

While I can't say I am looking forward to the coming months and year, I can say that I am looking forward to spending special time with each of you at a virtual gathering during our High Holy Days. I am confident that our traditions and community will offer us strength and uplift us as we move forward together into our new Hebrew year, 5781.

*Rabbi Rachel Kort*

*Wishing our Beth Or family a  
sweet and meaningful New Year.*



*Rabbi Kort, Dan Steingart, and Galit*



## Shanah Tovah!

A few weeks ago I was listening to one of my favorite radio programs, *Hidden Brain*, with Shankar Vedantam. The program explores different aspects of how and possibly why people think the way we do. This particular program was about happiness, specifically as it related to memories. One of the interesting findings was that people have a tendency to take a bad or disappointing memory and as time passes, they don't forget, but sublimate the bad parts and redirect their memories to either remember the good parts or change the bad parts – often to see them as humorous. The psychologist called these memories “hard to bear but sweet to remember.”

This time of COVID-19 will never be a happy or sweet memory. Some of us have lost close friends and loved ones. We have been forced to miss or delay important life-cycle events. We have all experienced a social isolation that we were not designed for; but when this is all over and some time has passed, I hope we can pick out some positives to focus on.

The beginnings of my list include:

We took care of each other.

We were innovative.

Some of us learned more technology than we ever planned or wanted to.

Many of us have better organized closets.

We are taking each other less for granted.

What is on your list? Whatever it may be, may it lead to a happier, healthier new year.

Despite the year we've been thrown, this congregation is ending 5780 and heading into 5781 strong. Our committees have been amazing but a special shout out to the High Holy Days (HHD) Committee, headed by Deb Lawson. The committee, with leadership from Rabbi Kort, has pulled together and created a holy, special HHD season like no other.

With appreciation and shalom,  
*Vicky Romero*

*Our Rabbi*

*President's  
Message*

*K'hilah/  
Mishpachah*

*Torah*

*Avodah*

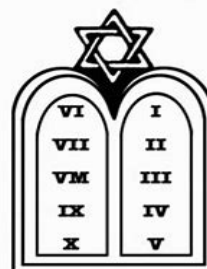
*Tzedakah/Tikkun  
Olam*

*Leadership*

*Wishing all a year of  
health, happiness, and  
fulfillment.*

*Harold Dash  
and Vicky Romero*

*Rosh Hashanah*



*Our Rabbi*

*President's  
Message*

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*Torah*

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*Tzedakah/  
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## Spotlight on a TBO Family Susan and Michael Cross

Susan and Michael live on six acres of forest near Machias. Keeping the woods at bay takes a lot of their spare time, but Susan finds time to weave and Michael keeps their 28-foot steamboat operating. Susan joined the Temple in 1989 when she moved to this area and Michael joined in 1992, when they married.

Their fondest memory at TBO is getting married in the newly remodeled TBO sanctuary on July 12, 1992. It was the first wedding in the "new" building. David Roberts and Nancy Sosnove made the chuppah for their wedding and it is still in use at TBO.

Susan is chair of the Bereavement Committee and, with a group of dedicated volunteers, helps families make funeral arrangements for their loved ones. (Susan is often referred to as the Cemetery Lady, while Michael is the Assistant Cemetery Lady). Michael, along with Paul Vexler and Jeff St. George, does all sorts of repairs and remodels on the building and grounds.



*Best Wishes for a healthy  
and peaceful New Year.*

*Tony and Kathie Roon*

## TBO's College and Military Outreach Program — Send in Addresses Now!

Along with preparing for the High Holy Days many of us may also be taking our kids to college campuses or sending them off to the military. To keep your child connected to Temple Beth Or and their Judaism while they are living away from home, either in college or in the military, sign them up for the Temple's College and Military Outreach Program. They will receive holiday greeting cards at Rosh HaShanah, Hanukkah, and Purim/Passover.

If you would like your child to be included in this program send their current or updated college or military address to our office maven, Sarah Davis, in the Temple office.



## What Will Your Legacy Be?

In 1989 I moved to Snohomish County. I was ready to join a temple and called one in Seattle. They gave me the best advice, "Call Temple Beth Or in Everett as it is closer to where you live." That was very good advice. I consider the Temple Beth Or congregation to be part of my family. Both my kids and I have made life-long friendships here. Temple Beth Or is very special to me and I hope to see it thrive for future generations.....that is why I believe the **LIFE & LEGACY** program is so important.

L'dor V'dor,  
Debbie Halliday

*Our Rabbi*

*President's  
Message*

*K'hilah/  
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*May you have a healthy  
and sweet New Year.*

*Rabbi David Fine  
and Beth Burstein Fine*



## Small Groups - Staying Together while Keeping Apart

TBO is excited to announce the launch of Small Groups. Small Groups are being adopted in many Reform communities around the country. Our groups will be a conversation-based way for members to form new relationships and strengthen existing relationships. Small groups are a way to engage with each other and share our stories, while deepening our understanding of Jewish practice. Groups, when formed, will be given all the materials needed for an in-depth conversation, and the opportunity to share their thoughts and experiences with others in a smaller setting. More information on how to form groups will be coming soon with a demonstration session planned in early October.

See page 6 for more information about Small Groups.



**May the New Year be  
a sweet and healthy  
year for all.**

**Norm Black  
and Janis Warner**



*Wishing everyone a warm  
and healthy New Year.*

*Mark and Wanda Bresnick*

## **Small Groups - Staying Together while Keeping Apart - FAQ**

### **What is the Small Group Initiative at Temple Beth Or?**

The TBO Small Groups Initiative is a campaign designed to build relationships around meaningful topics. It is a conversation based activity with the goal of helping members gain new connections with each other.

### **Who are in these Groups and how are they formed?**

We will ask for members to volunteer as discussion hosts, and invite members to join them. Members will have the opportunity to volunteer as a host or a participant. "Host" is an acronym:

**H** - Heart for Discussion  
**O** - Online Bravery  
**S** - Set the Environment  
**T** - Turn on the Discussion!

### **Where will the discussions be held?**

Discussions will be entirely online, held via Zoom, Facebook Messenger, or whatever digital medium the host and group are most comfortable using.

### **When will they be held?**

It is the goal of the Small Groups team that discussions be held monthly. The campaign will run for approximately four months, then groups can be reformed so that members have the opportunity to connect with new people.

### **How will we know what to talk about?**

There will be a discussion topic given each month with focus questions for the group to discuss. Rabbi Kort will present a short 3-5 minute video (available on the TBO website) each month to help support your conversation. We expect the conversations to last no more than 40 minutes, the amount of time for a free Zoom call.

### **Why are we doing this?**

Small Groups are being formed in a number of Union for Reform Judaism Congregations throughout North America. It is our hope that by joining this initiative, we will give our members a new way to connect and form deeper relationships with each other. Small groups - staying together while keeping apart!

**For more information, please contact Rebecca Hicks.**

# Family-Centered Virtual Worship Service

## Offerings in September

*Please find Zoom meeting invitation links in ORbits.*

Our virtual High Holy Days this year will include both youth offerings and multi-generational opportunities. These will provide families with special times to celebrate with children and the whole family. The youth programs are designed specifically for families with elementary age children and younger. These include the Rosh HaShanah Youth Service on Saturday, September 19 at 3:00pm and Yom Kippur Youth Service on Saturday, September 28 at 3:00pm. Rabbi Kort and Cantor Dreskin will be leading these memorable services. Multi-generational offerings invite entire families to gather. We are excited to build our virtual community at the Erev Rosh HaShanah Blessing Seder on Friday, September 18 at 7:00pm. We also look forward to a sacred and special service with *N'ilah* and *Havdalah* on Monday, September 28 at 5:15pm. Descriptions of the services are below.

We know there is uncertainty about what school will look like for our children this fall. This year, Rosh HaShanah falls over the weekend. You will want to make teachers and administration aware of taking time off for Yom Kippur on Monday, September 28.

### Services

#### **Rosh HaShanah Youth Service, Saturday, September 19, 3-3:45pm**

Join Rabbi Kort and Cantor Dreskin in a joyous service with songs, a story, and shofar-blowing!

#### **Yom Kippur Youth Service, Saturday, September 28, 3-3:45pm**

Enjoy special Yom Kippur prayers like *Kol Nidrei* and *Avinu Malkeinu* along with a story, shofar, and songs with Rabbi Kort and Cantor Dreskin.

#### **Erev Rosh HaShanah Blessing Seder, Multi-Generational, Friday, September 18, 7-8:00pm**

You are invited to sit around your dinner table and bring a sweet treat, like apples and honey, and a drink to toast "*l'chayim*-to life!" We will welcome Shabbat and the New Year with an abundance of blessings. Rabbi Kort will offer an inspirational teaching and Cantor Dreskin will offer traditional and contemporary music. There will also be a community blessings video shared! Submission guidelines for the community blessings video will be forthcoming.

#### ***N'ilah* and *Havdalah*, Multi-Generational, Monday, September 28, 5:15-6:15pm, with member participation**

Add your strength to our celebration as we conclude the sacred day of Yom Kippur and affirm life with intention and blessing. This service will include traditional prayers, contemporary readings, music, and blowing the shofar.

*Our Rabbi*

*President's  
Message*

*K'hilah/  
Mishpachah*

*Torah*

*Avodah*

*Tzedakah/  
Tikkun Olam*

*Leadership*



# A sweet and safe New Year to all.

## The Cail Family

Our Rabbi  
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*Leadership*

# High Holy Days and Fall Holidays 5781

led by  
**Rabbi Rachel Kort**  
 and  
**Cantor Ellen Dreskin**

Service, Leader, Zoom Type	Date and Time	Target Audience and Service Description	Themes
<b><i>S'lichot</i> Service and Activities with Rabbi Kort, via Zoom Pro</b>	Saturday, Sept. 12 7:30-8:15pm  8:15-8:30pm  8:30-9:00pm	All ages  Spiritual Preparations for the HHD Oys and Joys Schmooze time <i>Havdalah—S'lichot</i> Service	Spiritual Preparations <i>K'hilah/Community</i>
<b>Erev Rosh HaShanah Service, with Rabbi Kort and Cantor Dreskin via Zoom Webinar</b>	Friday, Sept. 18  7:00-8:00pm	Multi-generational  Rosh HaShanah Seder with traditional and contemporary elements	<i>L'chayim!</i> To Life! Affirming life and celebrating blessings
<b>Morning Blessings &amp; Mindfulness With Cantor Dreskin via Zoom Pro</b>	Saturday, Sept. 19 8:15-9:00am	All Ages  Morning Mindfulness Activity	Spiritual preparation Music
<b>Rosh HaShanah Morning Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar</b>	Saturday, Sept. 19 10:00-11:15am	All ages  Traditional Worship Service with creative elements	<i>Bereshit/Creation K'hilah/Community</i>
<b>Rosh HaShanah Youth Service, with Rabbi Kort and Cantor Dreskin, via Zoom Pro</b>	Saturday, Sept. 19 3:00-3:45pm	Youth  Youth Service and <i>Tashlich</i> Experience	<i>Bereshit/Creation K'hilah/Community</i>
<b>Shabbat <i>Shuvah</i> Service, with Rabbi Kort, via Zoom Pro</b>	Saturday, Sept. 26 10:00-11:00am	All ages  Traditional Shabbat Worship Service	Forgiveness and Repair
<b>Erev Yom Kippur Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar</b>	Sunday, Sept. 27  7:00-8:15pm	All ages  Traditional <i>Kol Nidrei</i> Service with creative elements	Forgiveness and Repair <i>K'hilah/Community Tradition</i>

<b>Morning Blessings &amp; Mindfulness with Cantor Dreskin, via Zoom Pro</b>	Monday, Sept. 28 8:15-9:00am	All ages  Morning Mindfulness Activity	Spiritual preparation Music
<b>Yom Kippur Morning Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar</b>	Monday, Sept. 28 10:00-11:00am	All ages  Traditional Worship Service with creative elements	Forgiveness and Repair <i>K'hilah/Community</i>
<b>Yom Kippur Yizkor Memorial Service, with Rabbi Kort and Cantor Dreskin, via Zoom Webinar</b>	Monday, Sept. 28 11:30am – 12:30pm	All ages  Traditional Memorial Service including recitation of community <i>Yizkor</i> list	Affirming life through sanctifying loved ones' memories <i>K'hilah/Community</i>
<b>Yom Kippur Youth Service, with Rabbi Kort and Cantor Dreskin, via Zoom Pro</b>	Monday, Sept. 28 3:00-3:30pm	Youth	Being our best selves, families, communities <i>K'hilah/Community</i>  <i>L'chayim! To Life!</i> Affirming life and celebrating blessings of this New Year
<b>Adult Learning Opportunity with Heidi Piel, via Zoom Pro</b>	Monday, Sept. 28 Time TBD	See the Supplemental Programming, page 7	
<b>Yom Kippur Healing Service, with Rabbi Kort, Cantor Dreskin, and Sheryl Shapiro, via Zoom Pro</b>	Monday, Sept. 28 4:00-4:45pm	All ages  Contemporary Service with traditional elements	Healing during pandemics and racism <i>K'hilah/Community</i>
<b>Yom Kippur Concluding Service with Rabbi Kort and Cantor Dreskin, via Zoom Pro</b>	Monday, Sept. 28 5:15-6:15pm	Multi-generational  Traditional <i>N'ilah</i> Service with creative elements. Will include <i>Havdalah</i>	<i>L'chayim! To Life!</i> Affirming life and celebrating blessings of this New Year <i>K'hilah/Community</i>

*Our Rabbi*  
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*Message*  
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## High Holy Days Supplemental Programs

Temple Beth Or is excited to present the following supplemental programming this year. Please note, to register for these programs RSVP to Sarah in the TBO office: 425-259-7125 by the day prior at 5:00 pm and for the Sunday offering on Friday at 2:00 pm. You will then receive the link and any other handouts, ingredients lists, reading, YouTube links, etc. that go with the presentation.

### **Shofar Blowing: Hitting the Notes**

Thursday, September 10, 7:00pm

Learn how to blow the notes for both the Rosh HaShanah and Yom Kippur Services

**Al Friedman**, presenter: Al is a founding member of Temple Beth Or and has been involved in liturgical music for the past 20 years. He is a regular shofar blower each year and has taught several shofar making and blowing classes. Al is currently a faculty member at Everett Community College.

### **A High Holy Days Apple Crisp...Or Is It a Cobbler?**

Wednesday, September 16, 7:00pm

A Rosh HaShanah baking experience for (almost) all ages. An opportunity to make something sweet to bring in the New Year. Exact measurements are not required. This will be a bake-along.

**Miriam Wnuk**, presenter: Miriam Wnuk is the 2020 Hebrew School Coordinator at Temple Beth Or and this will be her 14th year involved in the TBO Youth Education program. She has taught everything from 3rd grade to high school and her cooking lessons are always well received by the students, staff, and parents. In her day job, she is the Interlibrary Loan Librarian at City U of Seattle and the chairperson for the Northwest Interlibrary Loan Conference. Miriam joined TBO in 1980-something as a toddler and has never left.

### **Yom Kippur Afternoon Text Study**

Monday, September 28, Time TBD

Subject to Divine intervention

**Heidi Piel**, presenter: Heidi has been a long time Board member, Temple president, service leader, teacher and b'nei mitzvah tutor. For the past five years Heidi has provided a Yom Kippur afternoon text study inviting people to help her explore texts from a new perspective, finding new wisdom and wonder, and applying these discoveries to our modern lives.

*Wishing our Beth Or family  
a healthy and sweet 5781.*

*Deb Henry  
and Victoria LeMaster*





# BOOKPLATES

Help support Temple Beth Or by purchasing High Holy Days prayer book bookplates in memory of a loved one or in honor of a person or event.

Please be as generous as possible since the funds raised will be used to meet the Temple's greatest needs  
such as Torah Repair

Suggested minimum donation \$36.

Your Name(s): \_\_\_\_\_

In honor of: \_\_\_\_\_

or

In memory of: \_\_\_\_\_

Check enclosed for: \$\_\_\_\_\_

Mail or this form with your check to the Temple office  
Temple Beth Or  
3215 Lombard Ave. Everett, WA 98201

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**Wishing everyone health  
and happiness  
and peace.**



**Carolyn and Eldon Wexler**

*Our Rabbi  
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Tikkun Olam  
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### **High Holiday Food Drive**

In past years Temple Beth Or members have shown their generosity during the annual Food Drive. This year, of course, we are not able to donate food or household supplies to the food bank. However, due to the huge economic impacts of the pandemic, our local food banks are more in need of financial donations than ever.

Therefore, if you are in a financial position to donate, please consider helping the hungry in our community. You can donate online or mail a check. Here's the information for the Everett Food Bank and for the County Coalition that includes the Everett Food Pantry.

Volunteers of America Western Washington Everett Food Bank,  
2802 Broadway, Everett, WA 92801; [VOAWW.org/FoodBank](http://VOAWW.org/FoodBank).

Snohomish County Food Bank Coalition, c/o Marysville Community Food Bank, PO Box 917,  
Marysville, WA 98270; [SnohomishCountyFoodBankCoalition.org](http://SnohomishCountyFoodBankCoalition.org).

***Please help make our fast a feast for those whose daily fast  
is neither symbolic nor voluntary.***

### **Voting Matters!**

No matter where you stand on political matters we can all agree with the importance of voting. If you are not registered to vote you can do so easily at [sos.wa.gov](http://sos.wa.gov). Commit to vote and encourage everyone you know to vote.

We all want to make sure that this November 3rd we have a free and fair election. If you want to do some volunteer work toward this goal there are several letter writing campaigns to help encourage people to vote.

\* **Reclaim Our Vote** is a postcard campaign to inform voters in states that have a history of voter suppression. To volunteer in the postcard campaign, go to <http://actionnetwork.org/forms/reclaim-our-vote-signup>.

\* [www.postcards2swingstates.com](http://www.postcards2swingstates.com). If you sign up online this organization will send you postcards that you write a personal message on reminding people to vote. You are responsible for the cost of postcard stamps.

\* **When We All Vote** is a non-partisan voting initiative which supports expanded access to vote-by-mail, early in-person voting, and online voter registration to promote fair and safe access to the 2020 general election amid COVID-19's ongoing impact. Every American deserves the right to cast their ballot safely and without unnecessary risk. [whenweallvote.org](http://whenweallvote.org).

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## Leadership Nus

At the August Governing Board (GB) meeting the following business occurred and information was shared.

1. All are urged to make sure activities are on the TBO calendar by emailing activities to [calendar@templebethor.org](mailto:calendar@templebethor.org).
2. Fence bids are still in process.
3. The GB approved the purchase of 20 new cemetery plots for our area at the GAR Cemetery (TBO had only 20 left unsold).
4. The GB, with COVID-19 Task Force input, has decided that we will not allow food to be brought into the Temple when we first open — the time of which has not yet been determined. The COVID-19 Task Force is just about ready to go on a hiatus until the situation regarding social distancing changes. Note from the President: They have done an amazing job!
5. Committees are urged to not ask the Rabbi for funds for unanticipated programming. The Temple is able to accommodate reasonable changes to the budget in order to take advantage of opportunities. Requests should go to the Finance Committee.
6. TBO has received \$4,000 this year from the Harold Grinspoon Foundation for achieving the incentive goals of the LIFE & LEGACY program.
7. Strategic Planning has made some initial recommendations regarding community building. Recommendations include:
  - A. developing a media strategy
  - B. enhance and increase spiritual and social gatherings
  - C. strategies to attract and engage families with children
  - D. outreach efforts for 21-36 year old people
  - E. recognizing and reinforcing Mitzvah Corps
  - F. continuing Social Action Committee programming.



**Our wishes to all for a safe,  
healthy and  
prosperous year.**

**Bob and Michele Goodmark**

### **Temple Leadership Rabbi**

Rachel Kort

### **Governing Board**

President  
Vicky Romero

VP of Finance & Facilities Management  
Bob Goodmark

VP of Community & Engagement  
Tim Douglass

VP of Jewish Life  
Jennifer Cail

Assist. VP of Finance & Facilities Management  
Ken Moses

Assist. VP of Community & Engagement  
Wanda Bresnick

Assist. VP of Jewish Life  
David Gross

Board Secretary  
Tina Roth

Members-At-Large  
Beth Burstein Fine  
Janis Warner  
Deb Henry

President-Elect  
Melanie Field

### **Committees**

Adult Education: Heidi Piel

Bereavement: Susan Cross

Book Club: Ellie Hochman

Building: Jeff St. George

Calendar: Janis Warner

Communications: JonaRose Feinberg

Financial Administrator: Norm Black

First Chapter: Michelle Douglass

Fundraising: Vacant

High Holy Days: Debra Lawson

Library: Vacant

LIFE & LEGACY: Harold Dash

Membership: Leslie Elsemore

Mitzvah Corps: Carolyn Wexler

Next Chapter: Sonia Siegel Vexler

ORacle: Vicky Romero

ORbits: Lori Wolff

Religious Practices: Vicki Schwartz

Security: Harold Dash

Social Action: Naomi Katsh

Website: JonaRose Feinberg

Youth Education: Jessica Hill

### **Staff**

Office Administrator: Sarah Davis



**UNION for  
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JUDAISM**

A Proud Member of the URJ

# September 2020 / Elul-Tishrei 5781

## Including High Holy Days Services and Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Member Drive-through Event, and Loaner books pick-up 10:00am-noon
6 Executive Board Mtg. 10:00am  Virtual Adult Hebrew Noon	7 Finance Committee 6:30pm	8	9	10 LIFE & LEGACY 2:00pm  Shofar Blowing; Hitting the Notes Program 7:00pm	11	12 S'lichot Service and Activities 7:30pm
13 Governing Board 12:30pm	14	15	16 HHD Apple Crisp Program 7:00pm	17	18 Erev Rosh HaShanah Service 7:00pm	19 Rosh HaShanah Services 8:15am, 10:00am, 3:00pm
20	21	22	23	24	25	26 Shabbat Shuvah 10:00am
27  Erev Yom Kippur Service 7:00pm	28 Yom Kippur Services 8:15am, 10:00am, 11:30am, 3:00pm, 4:00pm, 5:15pm  Text Study time TBD	29	30			
OCTOBER FALL HOLIDAY OBSERVANCES:	Sukkot Celebration: October 2	Simchat Torah Celebration: TBD				

The Temple building remains completely closed with the exception of our Office Administrator, Sarah, and one weekly cleaning. We will keep you posted regarding reopening.

Check ORbits, TBO Facebook page, or TBO website for the most up-to-date information.



Temple Beth Or  
3215 Lombard Ave  
Everett, WA 98201  
425.259.7125

Return Service Requested

## Temple Beth Or Mission Statement

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse,  
serving the northern Puget Sound region of Washington State.

As God's covenantal partners in fulfilling mitzvot, our priorities are:

- ***K'hilah*** (community)/***Mishpachah*** (family) — nurturing our interactive, multigenerational extended family;
- ***Torah*** — lifelong learning, searching for meaning, and seeking comfort and healing;
  - ***Avodah*** — worship and celebration through the observance of meaningful, creative, and traditional rituals;
- ***Tikkun Olam*** — transforming ourselves and our world through *tzedakah* (fairness), social justice, and *g'milut chasadim* (acts of loving kindness).