

September 2019 / Elul — Tishrei 5779-5780

L'shanah Tovah!

Renew,

Reconnect,

# Rejoice!



Temple Beth Or wishes you and yours a sweet, meaningful and peaceful New Year.

Please join us for the 5780 High Holy Days celebrations as we worship with Rabbi Rachel Kort and Cantor Ellen Dreskin.

More High Holy Days information can be found inside this issue. Members should receive their complete High Holy Days packet soon. Please call the office if you do not.

Due to security reasons, invitations are required for attendance at most services. See page 8 of this ORacle or call the Temple office for more information.



House of Light Founded 1985 3215 Lombard Ave, Everett, WA 98201 425.259.7125 TempleBethOr.org

Volume 30, Issue 8

### **Sacred Music**

K'hilah/ Mishpachah Torah Avodah Tzedakah/ Tikkun Olam Leadershp

Oregon State University even though my preferred jam band, as many of you know, is the Grateful Dead. I especially loved hearing my rabbinic colleagues at the conference, like Rabbi Jessy Dressin who presented "Where the People Come to Pray: Sacred Pilgrimage, Holy Ritual, and Communal Rejoicing from Ierusalem to YEMSG." The Phish Conference tapped into something I have felt for a long time, that there are parallels between the modern communal experience of concerts and the traditional Jewish space of worship.

This past May, I found myself

first ever Phish Conference at

following coverage of the

Before I knew I wanted to be a rabbi, I thought that I wanted to be a classical musician. I played the oboe quite seriously through high school. While synagogue and Jewish summer camp were spaces of community, learning, values, and social justice, the symphony was my spiritual home. As a teenager, I did not have the theological language to describe why playing a Brahms symphony was spiritual. Now I recognize that the act of coming together with others to form a musical masterpiece helped me tap into the sacred act of creation.

We are incredibly blessed at Temple Beth Or to have Cantor Ellen Dreskin offering her musical and spiritual leadership during our High Holy Days (HHD). Cantor Dreskin is a master at understanding the spiritual power of music and creating accessible opportunities for our community to make holy moments together through music. If you love music, love to sing, or if Benarova Hall or Jazz Alley is one of your spiritual homes, I want to invite you to add your voice to help shape sacred space through music with our High Holy Day Singers. The ability to read music is not necessary. We'll learn through recordings and repetition.

There is a famous Hassidic story that tells the tale of a young child who began to play a simple flute during the Yom Kippur service. The sound of the flute startled the worshipers, but a smile appeared on the rabbi's face, "With the sound of this flute the child lifted up all our prayers." The beautiful music we create together on Shabbat, and especially during our High Holy Days, awakens our souls and helps



add depth and lift up our prayers.

If you would like more information about joining our High Holy Day Singers, there is more information in this *ORacle* and in your HHD packet.

> Ľshalom, Rabbí Rachel Kort

Rabbi Kort invites you to call upon her for help or support, or just to talk. Office Hours: Please contact Rabbi Kort directly to make an appointment. She is typically available to meet in Everett on Wednesdays and the Fridays when she is leading Shabbat Services.

Phone: 425-954-1223; Email: R<u>abbiKort@TempleBethOr.org</u> Rabbi Kort's sermons and writings can be found on the TBO website under "About Us/Rabbi."



### LIFE & LEGACY Donors' Testimonial

Back in 1955 my parents moved to Everett. There was no Temple Beth Or, no Jewish Sunday School, no interstate freeways. Yes, there was the Montefiore Congregation , but it had no rabbi, no Sunday School and only about 12-15 families who were primarily up in years. My parents drove me weekly to Temple De Hirsch to attend Sunday and Hebrew School. I always felt like an outsider, as most all of the other kids lived in Seattle and knew one another. I had my bar mitzvah there and went through

Confirmation, attended AZA functions, but still always found it difficult to really connect to my Seattle area peers.

When Carolyn and I married, we both worked in Everett and planned to live in Lake Stevens. We heard about a new Reform congregation that had recently formed called Temple Beth Or. We visited and soon afterwards joined.

When Koby and Aria were born, we didn't want them to experience what I did growing up, being schlepped to Seattle and feeling like outsiders. It was important for Carolyn and me to see Temple Beth Or and its Sunday School flourish and to be there for our kids. Both Carolyn and I became very involved in various committees and board positions, including president.

I encourage others to participate in the LIFE & LEGACY program to help insure Temple Beth Or's existence for future generations. *L'dor v'dor*.

#### Eldon Wexler

### L'dor V'dor

The Membership Committee is inviting adult children of TBO members to become members through our new *L'dor V'dor* (generation to generation) **Policy**.

Temple Beth Or is committed to the continuation of Jewish life in Snohomish County, and in the spirit of *l'dor v'dor*, we want to honor the next generation of Beth Or families. When an adult child of a current Beth Or member seeks to join they will be offered the opportunity for a one-time waiver of their dues for the first year of membership under this approved *L'dor V'dor* Membership Policy. The normal application process will be followed though no dues commitment is expected the first year. At the end of the one year period they would be encouraged to continue as a dues paying member per existing dues policies.

To get an application, please call the office — 245-259-7125. Parents, please contact Leslie Elsemore for more information or to have an invitation sent to your adult children who are no longer on your family membership.

#### **Billy Sturman**

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Billy Sturman, of blessed memory, was one of the original Montefeore members who gave us our building as TBO was just forming. He and others understood the importance of *l'dor v'dor* and legacy. This is the link to the article about him in the July 14, 2019 Everett Herald: <u>https://www.heraldnet.com/life/the-western-wear-</u> <u>seller-who-helped-build-everetts-synagogue/</u>.



Our Rabbí

#### K'hílah/ Míshpachah

Torah Avodah Tzedakah/ Tikkun Olam Leadership

### K'hílah/ Míshpachah

Torah

Avodah

Tzedakah/ Tíkkun Olam

Leadership



### **XPERIENCE**

# Bringing Temple Beth Or members, friends, and family together through meals, learning, and experiences, while raising funds for TBO!

The events of learning, eating, and experiencing have been great! Wonderful food, working the gray matter, and taking chances on new experiences! Don't miss out on these final two programs:

**Monday, September 9 at 6:00 pm: DIY Shofar!** Build your own shofar from a kosher animal horn, then learn how to play it. This is the most unique opportunity we have offered, and a great program for adult and child to do as a team. \$54 per shofar. Ages 10 and up. Generously offered by Al Friedman.

**Wednesday, September 18 from 7:30 pm to 9:00 pm: College Financial Aid**. If you have a child or grandchild that will be college bound, be it next year or in eight years, this is an important program for you. Knowing how the financial process works, might help you to be able to increase aid the student receives. Learn about FAFSA, scholarship and loan programs, and much more. \$36 per person. Generously offered by Sandy Voit.

To register for either of these programs or if you have questions, please contact Janis Warner, Barbara Black, or the TBO office. Photos below are from a small sample of E-L-E Events:



A lovley French Luncheon

Learning Bridge

Kayaking on ??????



### **Next Chapter**

Join Next Chapter's Literary Salon on **September 22, 2019**, at noon, at the home of Barb and Mike Ingram as we listen to Deborah Nedelman, Temple Beth Or Member and newly published author. She will discuss the journey of writing her first novel, *What We Take For Truth*, and read excerpts that will move us to want more. There will be time for questions after the presentation. Books will be available for purchase.

This will be a dairy potluck so bring whatever you like. Barb and Mike will provide a main dish but more are welcome as well as sides, desserts and

drinks.

Please RSVP and sign up for your dairy potluck dish at <u>https://docs.google.com/</u> <u>spreadsheets/d/1NgMCpXFacDSXpIB5dkC8JPgbdHJEUrhkPzFPW7MERHw/edit?usp=sharing</u>. Looking forward to celebrating with Deborah and seeing all of you.

#### **Book Club**

All are welcome to join the Temple Book Club for lively discussions. We generally meet about every other month. The next meeting is on Sunday, **September 8, 2019**, at 10:00am at the home of Michelle Goodmark. The book is *All the Rivers* by one of Israel's most acclaimed novelists, Dorit Rabinyan. It is a controversial, award-winning story of the passionate but untenable affair between an Israeli woman and a Palestinian man.

### Mitzvah Corp

Temple Beth Or's Mitzvah Corp has been a hallmark of our community. It takes a village to provide a safety net when something turns your life in unexpected directions due to injury, accidents, health issues, or family upsets, to name just a few. Currently, we use a program called Lotsa Helping Hands to let our members know when meals, home/hospital visits, or phone calls are needed. These provide important connections and support when people are home or hospital bound. We all find ourselves in need of support sometime. You don't need to know the people you are helping; your first introduction to them can be when you are reaching out to provide support. Join us in this critical service to our Temple family! There is no obligation to volunteer if a particular timing is not right for you. Please use the link below to the Lotsa Helping Hands website and sign up to be a member. You will get an email back in a few days asking you to confirm your membership. You then respond to that email and will receive updates. The sight is easy to negotiate but if you need help please contact me and I can walk you through it. If you would prefer, I can send you an email with requests for help. Thank you!

https://my.lotsahelpinghands.com/community/635822

Víckí Schwartz

### Temple Beth Or Goes to Israel!

Rabbi Kort, in conjunction with Makor Educational Journeys, will be leading a TBO trip to Israel **November 1-11, 2020**. Our trip contact, Rabbi Misha Zinkow, will be visiting TBO on Sunday, **September 15 at 4:00pm** to talk more about the trip. All potentially interested in this exciting trip are invited and encouraged to attend. For more information, please contact Carolyn or Eldon Wexler and/or go to: makorjourneys.com/journey/temple-beth-or/ for more information.

#### Our Rabbi

#### K'hílah/ Míshpachah

Torah Avodah Tzedakah/

Tíkkun Olam

Leadership

#### K'hílah/ Míshpachah

Torah

Avodah

Tzedakah/ Tíkkun Olam

Leadership

#### A Temple Beth Or Shindig for Terri

The community gathered on Sunday afternoon, July 14, at the home of Michael and Susan Cross to honor Terri and show her how much she is appreciated. (This date happened to be the 15th anniversary of Terri's very first day with TBO!) It was a great event, with lots of good food, festive music by Noah Zeigner and lovely remarks. Thanks to all who helped make this party a proper tribute to our soon to be retired office maven.



### Our August B'nei Mitzvah Kids

For my Tikkun Olam project I have

collected/am collecting feminine

Our Rabbí

K'hílah/ Míshpachah

#### Torah

Avodah

Tzedakah/ Tikkun Olam

Leadership



#### **Ben Feinberg**

For my mitzvah project, I chose to support local students and teachers by collecting school supplies for Stuff-the-Bus, where people donate school supplies to literally stuff a school bus full of supplies. I will be coordinating a collection site at TBO, and volunteering with the organization Communities in Schools of Seattle to help sort the donations.





#### **David Zieve**

For my Tikkun Olam project, I organized a donation drive for Packs for Kids, a local non-profit that helps kids in need, kids who can't afford food over the weekend, or who are going through a rough point in their life. We collected the donations and took them to their facility. There we got to find out more about how the food gets to the kids. Volunteers buy food and fill the backpacks with food to feed over 800 people each week. By getting the food, the students experience benefits such as increased concentration, energy, and motivation. You can learn more about Packs for Kids at packsforkidswa.com.

Please consider supporting our b'nei mitzvah kids' projects.

#### High Holy Day (HHD) FAQ's, from Your Former HHD Coordinator

Our Rabbí

K'hílah/ Míshpachah

Torah

#### Avodah

Tzedakah/ Tikkun Olam

Leadershp

Do you find you have questions about some of our traditions and practices at TBO? Below is information to help clarify what's happening at TBO during the HHD season this year.

#### Participating in HHD Services — is this for me?

YES! All are welcomed and encouraged to participate in services. Unlike some other congregations, you are not expected to make a donation specifically to participate in services. It is a mitzvah to participate! The Religious Practices Committee (RPC) assigns these honors. There are service honors available for any member, both adults and kids. Honors also include both Hebrew and English readings. If you are interested in more information or want to sign up, contact Carolyn Wexler or Phyllis Busch. You can also indicate how you would like to participate in a HHD service on your HHD registration form. Please note the deadline date in your HHD packet to let RPC folks know well in advance to facilitate planning.

#### What is the Cemetery Service and who should go?

This is a lovely and moving service that honors all who have come before us, during which we take a moment to pause and reflect on those who have passed on. Each HHD cycle we conduct a lay leader-lead service at the GAR cemetery in Snohomish the Sunday afternoon that falls between Rosh HaShanah (RH) and Yom Kippur (YK). TBO has a Jewish section in this cemetery. ALL are welcomed and encouraged to attend this brief service. You do not need to have a loved one buried in the cemetery. You do not have to have suffered a recent loss. This peaceful and powerful service is appropriate for those of any age who are comfortable with a quieter service. Additional questions can be directed to Sheryl Shapiro.

#### Who are the HHD singers and how do I join?

We hope you'll lend us your voice and spirit and take on the mitzvah of being musical service leaders--*Shelichay Tzibur* for our High Holy Days. No formal music training or Hebrew fluency is necessary to join in! We'll learn through recordings, on-line videos, repetition, and supporting each other at rehearsals. Open to all adults, and middle and high school students. There will be two in-sessions with Cantor Dreskin on **Saturday, September 28** and **Sunday, October 6**. Contact Sheryl Shapiro (<u>ruachhalev@gmail.com</u>) for more details, questions, or to sign-up. The more the merrier!

#### Given the construction on the other side of the alley, what's the plan for HHD parking?

You are most likely aware of the construction behind the Temple and the rental agreement we have with the construction company to use some of our parking spaces. TBO has full use of our lot during the HHD. However, those workers will still need a place to park, so parking in the neighborhood will be even more limited than usual. Please be sure to allow lots of extra time to find a parking space. If a member of your family has mobility issues, there is a loading zone in front of the Temple to facilitate drop off of those who want to use that option. The spaces in the TBO parking lot are all reserved for individuals with mobility issues or who have a previously designated spot.

#### Is the Children's Service changing?

We are relocating the **Rosh HaShanah** Children's Service to the **Everett boat launch**! The service will be held there, rain or shine, starting at 3:00 pm and will be followed by the *Tashlich* service at 3:15 pm. We have reserved the adjacent picnic shelter, so cover is available if it is raining. In any case, it can be quite breezy at the launch so be sure to dress appropriately in layers. The YK Children's service will be held at TBO. New this year, we will have security personnel at all three of these services.

#### How do I attend the RH lunch and what's included? Is the food kid friendly?

The RH lunch is for anyone who would like to come, young or older, member or guest. You must preregister to attend the lunch. To do so use the area designated on the HHD registration form in your packet. Payment and registration information are due by **September 25**. The lunch is a dairy lunch featuring a mixed greens salad, tuna salad, egg salad, noodle kugel, lox and cream cheese spread, pickles, olives and tomatoes, bagels and challah, assorted baked goods, coffee, tea and water. Space is limited and is offered on a first come, first served basis, so early registration is encouraged. A wait list will be maintained should the luncheon fill. The lunch is a great opportunity to connect with friends, old and new, and continue the holiday celebration.

### **Social Action**

#### **Tzedakah Box Recipient**

The Tzedakah Box recipient for July-September is **Planned Parenthood**. The Committee selected Planned Parenthood to help fight against recent actions to limit abortion rights. Planned Parenthood was founded on the revolutionary idea that women should have the information and care they need to live strong, healthy lives and fulfill their dreams. The organization is a visible and passionate advocate for policies that enable Americans to access comprehensive reproductive and sexual health care, education, and information, and is a trusted health care provider, an informed educator, and a passionate advocate.

#### Shabbat Speaker

To prime us all for the High Holy Days food drive, a representative from **Food Lifeline** will speak at Friday night Shabbat services on **September 13**. The speaker will tell us about the importance of the work the organization does and inform us how we can help. Food Lifeline is a Seattle-based organization that rescues millions of pounds of nutritious food from farmers, manufacturers, grocery stores, restaurants, and retailers that would otherwise go to waste, then distributes it to more than 300 food banks, shelters, and meal programs throughout Western Washington, providing the equivalent of 116,000 meals every day for hungry children, adults, and seniors.

#### **Religious Action Center of Reform Judaism**

Are the issues of the day concerning you enough to make you want to do something about them? Do you want to take on the NRA and pressure our elected representatives to take significant steps to control the availability of weapons but think your single voice won't matter? Had enough of the inaction on real immigration reform but don't know what to do about it? The Social Action Committee recommends you visit the Religious Action Center (RAC) website at https://rac.org/ where you can learn how to effectively advocate on these and other issues. The RAC is the hub of Jewish social justice work. The Union for Reform Judaism and the Central Conference of American Rabbis have joined forces at the Center to help communities organize to create a world overflowing with justice, compassion, and peace. The Center's work is completely nonpartisan.

#### Serving Dinner at the Interfaith Association of Northwest Washington Family Shelter

If you have been waiting for your chance to prepare and serve dinner at the Interfaith Family Shelter your next chance to do so will be on **October 27**. If you are interested in volunteering please contact Social Action Committee members Nancy Wilkinson at <u>nancy.f.wilkinson@gmail.com</u> or Naomi Katsh Barger at <u>nkbarger@gmail.com</u>.

Volunteers not only prepare the meal but then enjoy the fruit of their efforts by sitting down with the shelter residents to eat the dinner. Dinner is for about 30 people and is served between 5:00-5:30 pm.



TBO members preparing dinner at the Interfaith family Shelter

K'hílah/ Míshpachah Torah

Our Rabbi

Avodah

Tzedakah/ Tíkkun Olam

Leadership

K'hílah/ Míshpachah

Torah

Avodah

Tzedakah/ Tíkkun Olam

#### Leadership

## Leadership Nus

#### Nus from the Governing Board

At the August Governing Board (GB) meeting the following business occurred:

- 1. Timing for the December Semi-Annual Membership Meeting was confirmed for December 7, 2019.
- 2. With much appreciation for the Bereavement Committee, the Board was able to review all Bereavement-related policies. Outdated policies were deleted, and currently appropriate policies were reaffirmed. This is the first step toward review of all TBO policies. Reaffirmed policies will be posted on our website soon.
- 3. Duplex status was discussed: It is empty; asbestos testing has been done and found; bids are being solicited for mitigation.
- 4. The office computer has been updated.
- 5. Torah repair is being investigated.
- 6. We are in the process of interviewing for the office assistant position.
- 7. The Board began reviewing recommendations made by the Membership Committee to make the Temple physically more inviting/attractive.

#### Final Report from the Bylaws Task Force

The bylaws committee presented its final proposed updated bylaws at the June 23, 2019 membership meeting. There was a lively discussion at the meeting. The bylaws were then approved.

The committee followed up on one concern related to URJ affiliation and determined the wording of our new bylaws was acceptable. Therefore, the language in Article III, that was proposed stands.

A big shout out to the Task Force that worked on this effort - Tim Douglass, Julie Mackoff, Dan Paquette, Heidi Piel, and chair, Melanie Field. The new bylaws should be on the TBO website soon. Any questions about the new bylaws or the process of revising them can be directed to Melanie.

#### **Credit Card Payment Now Available!**

Payments can now be made with a credit card through our accounting software, Rakefet, either on the web or by calling the office. If you wish to pay on the web, please make that request by emailing <u>vpfinance@templebethor.org</u>. You will be sent an email with login instructions and a temporary password. Once you log in, you will be able to view your account and make payments using your credit card through Temple Beth Or's PayPal account. A 3% charge will be added to all credit card payments to cover PayPal's fees. Contact <u>vpfinance@templebethor.org</u> with any questions.

#### Fund of the Month

While the Temple appreciates all donations, those made to the General Fund contribute to our annual budget and/or unexpected expenses. In addition, should you choose to direct your donation,

#### the fund below is in the most need: **Religious School Scholarship Fund**

Thank you for your generosity.

Temple Le	eadership
Rabbi	
	Rachel Kort
Governing I President	Board
	Vicky Romero
VP of Finance	Steve Center
VP of Members	ship Tim Douglass
VP of Program	ming Heidi Piel
	Finance Bob Goodmark Robyn Klarman
Assist. VP's of I	Membership Janis Warner Vanda Bresnick
Assist VP's of F Betl	Programming h Burstein Fine David Gross
Board Secretar Jona	ry aRose Feinberg
Immediate Pas	st President Mark Bresnick
Committee	5
Adult Educatio	
	Heidi Piel
Bereavement	Susan Cross
Calendar	Janis Warner
Communicatio	ns Al Friedman
Financial Adm	
	Norm Black
High Holy Day	s Carolyn Henri
Mitzvah Corps	Vicki Schwartz
Next Chapter Soni	ia Siegel Vexler
ORacle	-
	Vicky Romero
ORbits	Lori Wolff
Religious Prac	tices Phyllis Busch
Social Action	Naomi Katsh
Staff	
<b>Religious</b> Scho	ol Principal

Temple Leadership

Religious School Principal Amy Paquette

Administrative Assistant Terri Schweigert

# **September 2019** Elul — Tishrei 5779– 5780

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
Governing Board Mtg. 9:30am- 12:00pm at TBO	Finance Committee Mtg. 6:30-8:30pm				Shabbat Family Service 7:00pm	
8	9	10	11	12	13	14
10:00am <i>Offsite</i>	HHD Registration and Child Care Deadline				Evening Shabbat Service 7:30pm with Food Lifeline	
	Membership Committee mtg. 4:30-6:00pm				Guest Speaker	
	Eat-Learn- Experience Event — DYI Shofar 6:00pm					
15	16	17	18	19	20	21
Israel trip info 4:00pm	<i>Yizkor</i> list changes deadline		Eat-Learn- Experience Event — College Financial Aid 7:30-9:00pm			<i>S'lichot</i> Havdalah Service 7:30pm
22	23	24	25	26	27	28
Next Chapter Event 12:00-2:30pm Offsite			Rosh HaShanah Lunch Reservation Deadline		Evening Shabbat Service 7:30pm	RH Music Rehearsal
29	30					
Erev Rosh HaShanah Service 7:00pm	Rosh HaShanah Service 10:00am					
	Lunch 12:30pm					
	Children's Service 3:00pm Offsite					
	Tashlich 3:15pm Offsite					

We are asking all adult members to sign up on our Shabbat Volunteer Google Sheet as a community greeter. As a community greeter you will join the Board greeter at the doors prior to services to help welcome members and guests. You will also be an extra set of eyes and ears for our greeters which will enhance security. To sign up: Go to the Temple Beth Or website/Members Services; click on Shabbat Volunteer Tracker; to sign up for 2020 see the tab at the bottom; sign your name and hit enter. If you cannot get in you may need permission. Send a permission request to Heidi Piel. Thank you!



#### **Return Service Requested**

### **Temple Beth Or Mission Statement**

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse,

serving the northern Puget Sound region of Washington State.

As God's covenantal partners in fulfilling mitzvot, our priorities are:

- *K'hilah* (community)/*Mishpachah* (family) nurturing our interactive, multigenerational extended family;
- *Torah* lifelong learning, searching for meaning, and seeking comfort and healing;
  - Avodah worship and celebration through the observance of meaningful, creative, and traditional rituals;
- Tikkun Olam transforming ourselves and our world through tzedakah (fairness), social justice, and g'milut chasadim (acts of loving kindness).