

July 2022

Tammuz/Av 5782

Founded 1985

Volume 33, Issue 7

Celebrating Spring



Lag BaOmer Beach Bonfire



Next Chapter Bagel Walk

Laila Lowery Is Becoming A Bat Mitzvah

My name is Laila Lowery and my pronouns are she/her. My parents are Ken and Mila Lowery and I have a younger brother named Colin. I go to Heatherwood Middle School and I am in the 7th grade. My favorite subject is orchestra and I play the violin. I also love soccer and basketball. I like baking challah and hamantaschen on holidays.

Studying for my bat mitzvah has taught me that things I like doing and care about are a part of Jewish values. For my *tikkun olam* project I volunteered at an animal sanctuary called Pasado's Safe Haven.

Some of the things I did there are:

- cleaned the dog, duck, and chicken houses
- changed out the hay for the pigs and brushed the pigs
- socialized with the cats, sheep, and goats

I put a donation box with fliers in the Temple as well. Seeing animals that were put through hard situations be able to live happily again is something I want to help work for. Thank you, Rabbi Kort, Roland Roth, Sonia Siegel Vexler, and Ellis Engbar for helping me with my studies this year and helping me get ready for my bat mitzvah. Also, thanks to my parents for helping me with volunteering at Pasado's. Thank you to Jessica Hill and Dan Paquette for my Hebrew studies the years before.



Sponsoring a Ukrainian Family



We are exploring an exciting opportunity to really make a difference by sponsoring a Ukrainian refugee family through HIAS and the U.S. Uniting for Ukraine Humanitarian Parole Program. If we proceed, we will need input from people who may know of free or reasonable housing, have a background in social work, and other resources. Are you intrigued? Interested in learning more? If so, please contact Julie Mackoff.

Demographic Trends

Do you know the following demographic trends in North American Jewish Life?

- **Interfaith/intermarried couples and families:**

Since 2000, 71% of non-Orthodox Jewish marriages in the United States have been interfaith. Overall, the Jewish rate of intermarriage in the US has exceeded 50%. (*Source: Pew*)

- **Jews with disabilities:**

Jews with disabilities account for 20% of our community. (*Source: Ruderman Foundation*)

- **Jews of color and multiracial families:**

At least 12-15% of Jews in the United States identify as Jews of color of African, Latinx, Asian or mixed-race descent (*Source: Counting Inconsistencies*). Less than 10% of US Jews are of Mizrahi or of Sephardic heritage. (*Source: Bechol Lashon*)

- **LGBTQIA+ Jews (Lesbian, gay, bisexual, transgender, and/or queer Jews):**

Approximately 10% of North American Jewry identifies as part of the LGBTQIA+ community, and that doesn't count those who do not openly identify. (*Source: Multiple*)

Tzedakah Box

The Tzedakah Box Recipient for July - September 2022 is Moms Demand Action and their parent organization, Everytown for Gun Safety. This has nothing to do with taking away rights from responsible gun owners and everything to do with helping our kids and our communities be safer.

Moms Demand Action is a grassroots movement of Americans fighting for public safety measures that can protect people from gun violence. They seek to pass stronger gun laws and work to close the loopholes that jeopardize the safety of our families. They also work in communities and with business leaders to encourage a culture of responsible gun ownership. Gun violence is a public health crisis that is preventable or can at least be mitigated. These organizations are committed to doing what it takes to keep people safe. For more information or to donate directly momsdemandaction.org or www.everytown.org

Diversity, Equity, and Inclusion Summer Workshops

The Community Foundation and Verdant Health are hosting a DEI summer workshop 4-part series led by Tony Nabors. Registration and additional information regarding the following workshops can be found at: tinyurl.com/verdanthealth

- **Understanding Institutional Racism** - Tuesday, July 19, 10:00 am - Noon
- **Operationalizing Racial Equity** - Tuesday, August 2, 10:00 am - Noon
- **Implicit Bias** - Tuesday, August 16, 10:00 am - Noon
- **Microaggressions: Death by a 1,000 Cuts** - Tuesday, August 30, 10:00 am - Noon



The Youth Education Committee Needs Members!

In our community discussions over the past year regarding the future of Temple Beth Or, one thing has been made clear: our members want the Religious School to grow and thrive. To help further this goal the Youth Education Committee needs your help.

We need members to form a robust and vibrant committee with regular meetings and enthusiastic participation. Please get involved - we need your ideas, your input, and your energy.

The main objectives of the Youth Education Committee are to:

- support youth education and youth programming at TBO
- be a sounding board for the Religious School program (provide input on the calendar, curriculum, schedule, etc.)
- plan and carry out fun Religious School events such as the Purim Carnival and the end of year celebration

Having a child in Religious School is not a requirement to be on the Youth Ed Committee; anyone is welcome to join! For more information, reach out to Jennifer Cail, Mila Lowery, or Rabbi Kort.

***Ruach* & Ritual Committee Chair Needed**

We are seeking a chair for the *Ruach* & Ritual committee. *Ruach* & Ritual (formerly known as Spirituality & Ritual and Religious Practices) helps with things like:

- providing input on programming from a spiritual perspective
- organizing lay led services
- coordinating song leaders to provide music for services

For more information please contact Melanie Field or Rabbi Kort.

July Service and Event Schedule

All regular Shabbat services are now accessed using the same Zoom link.

We will still use unique links for *b'nei mitzvah* and special events.

Shabbat Zoom: tinyurl.com/tboshabbatzoom

Meeting ID: 837 4187 0594 Passcode: 531760

For Dial In Users: (253) 215-8782

In the event of Zoom link errors, please join the meeting by manually entering the Meeting ID and Passcode into the Zoom app or website.



Pre-registration for in-person services: Pre-registration is required for in-person attendance for non members only. Members who meet vaccine requirements are welcome to attend without registration. To register please visit: templebethor.org/service-registration.

Note: Please keep in mind that COVID-19 related protocols and weekly metrics are subject to change. For the most up-to-date in-person service information please see ORbits or the website calendar. For current COVID-19 protocol information please visit: templebethor.org/covid/



Friday, July 8, 7:30 pm

Shabbat Service with Rabbi Kort and Shoshana Stombaugh (interactive Zoom)

Join our community Shabbat worship service using our prayer book *Mishkan T'filah*. This Shabbat service will include Torah reading, a *drash* (sermon), and an opportunity to remember loved ones with our *Kaddish*. This service is geared towards our adult and *b'nei mitzvah* student community and will last just over an hour.



Saturday, July 16, 10:00 am

Shabbat Service and Bat Mitzvah of Laila Lowery with Rabbi Kort and Noah Zeichner (in-person and streaming Zoom)

Join us for our morning service led by Rabbi Kort and Laila Lowery. We will use our prayer book *Mishkan T'filah*. This Shabbat service will include a Torah reading, Torah teaching, and an opportunity to remember loved ones with our *Kaddish*.

Pre-registration is required for ALL in-person attendance (members included). Due to COVID-19 related attendance limits, bat mitzvah guests are given priority registration. Space for non-guests will be very limited and the number of seats available will depend on the size of the guest list. Registration opens July 13 at midnight and closes July 15 at 3:00 pm.

Zoom: Zoom link will be available via *ORbits*



Friday, July 22, 5:45 pm

Shabbat Candle Lighting - Lay Led (interactive Zoom)

Join our Temple Beth Or family as we welcome Shabbat with a healing prayer, candle lighting, and *Kiddush*. This service is great for all ages and will last less than 30 minutes.



Saturday, July 30, 10:00 am

Multi-generational Outdoor Shabbat with Rabbi Kort and Shoshana Stombaugh (in-person only at TBO)

Join us for a multi-generational, musical Shabbat worship experience. There will be an opportunity to remember loved ones with our *Kaddish*, mourner's prayer. We will use our prayer book *Mishkan T'filah*. This service is great for all ages and will last about an hour.

Registration: Pre-registration is required for in-person attendance for non members only. Registration closes July 29 at 3:00 pm.

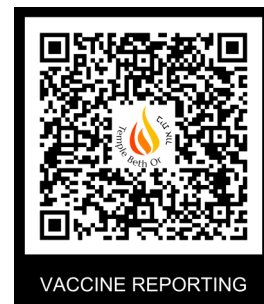
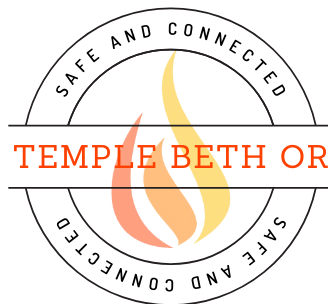
COVID-19 Update

The Combined COVID-19 Task Force met on June 8. After a long conversation we have amended the following guidelines:

- Eating is permitted outside at Temple events
- Boosters will be required for everyone ≥ 5 yrs. at Temple sponsored events and services after September 1
- Current health and safety protocols will be in place during the High Holy Days (unless there are major changes in the course of the pandemic)
- Second boosters are recommended for all who are eligible, but not required at this time

Case counts are still higher than allowed for *onegs* and optional masking at the time of writing (June 16). However, the trend is in the right direction. We remain hopeful that case counts will continue to drop to allow us to return to optional masking and *onegs*. Decisions regarding *onegs* and masking are based on case counts provided on Mondays by the Snohomish Health District. For the most up to date information on upcoming services please check the calendar on our website.

For more information on our protocols related to COVID-19 please visit: templebethor.org/covid/.



Age	Vaccine Needed
0-4	no vaccine needed at this time
5-11	2 Pfizer shots, no booster (will need 1 booster after 9/1)
12+	vaccinated with at least 1 booster OR fully vaccinated with report of negative antigen or PCR test within 48 hours

Semi-Annual Membership Meeting News

During the Semi-Annual Membership Meeting on June 12, 2022 the following happened:

1. Melanie Field opened the meeting and Rabbi Kort led an opening prayer.
2. The congregation approved the minutes from the December Semi-Annual Membership Meeting.
3. James Feinberg reviewed the estimated end of year Finance Report to the congregation.
4. James Feinberg presented the proposed budget for the 2022-23 fiscal year. The congregation voted to approve the budget.
5. Rachel Maxwell shared the findings from her Financial Feasibility Study.
6. Melanie Field gave an update on the Capital Campaign.
7. Members spent 15 minutes in breakout rooms processing the presented information.
8. JonaRose Feinberg reviewed the instructions for electronic voting.
9. Bob Goodmark gave an update on the South Lot property.
10. Rabbi Kort shared information about High Holy Days planning. She invited all to participate in the upcoming planning meeting.
11. Melanie Field spoke about the rebooting of the *oneg* and community greeter programs now being coordinated by Janet Karr.
12. Amber Waldbaum shared information about the new teen/confirmation program. She invited everyone who is interested to attend the informational meeting.
13. Julie Mackoff gave an update on our efforts to support a Ukrainian family.
14. Melanie Field shared volunteer opportunities and highlights from the President's Report.
15. Melanie Field reminded the congregation about upcoming key dates and activities including: outdoor multi-generational services on July 30 and August 20, the Tisha B'Av experience on Sunday, August 7, the TBO Summer BBQ on August 28, and the Capital Campaign Kick-off on September 10.

Leadership News

During the Governing Board Meeting on June 12, 2022 the Board did the following:

1. Approved the updated minutes from the May 15 meeting, including the addition of the missing motioners/seconders.
2. Confirmed new October Board meeting date of October 13, 7:00 pm.
3. Signed up for greeter duties using the Shabbat Tracker.
4. Reviewed Sarah Davis' August schedule (vacation).
5. Discussed the December meetings schedule and reset meeting dates.
6. Reviewed the logistics for the June 12 congregational meeting.
7. Considered the latest recommendations from the Combined COVID-19 Task Force. The Board approved recommendations that allowed for outdoor eating and required all eligible to have one booster by September 1, including younger kids who are both in and not in our Religious School.
8. Discussed and reaffirmed protocol for unregistered non-member guests who show up at TBO events.
9. Reviewed the March financial reports.
10. Heard highlights from Committee/Task Force Reports including: transition to new chair for Combined COVID-19 - Adam Goldstein, Kathie Roon becoming the *ORacle* editor, first HHD planning meeting set for June 22, plans for a summer BBQ on August 28, Ellis stepping down as R&R chair, and the security grant application being filed.
11. Heard highlights of the President's Report, including that Janet Karr got the *oneg* program rebooted with sign up requested by June 15, the chuppah has been rented out following the updated policy, and Ellis Engbar has volunteered to serve as Yom Kippur coordinator.

Capital Campaign Vote Results

The results are in: 95% of voters supported moving forward with the capital campaign! Now that we have affirmed congregational support, we are ready to move on to the next steps. The capital campaign will launch this fall, with a kickoff event on September 10. At the same time we will be working with the architect to create construction drawings and will be getting bids from builders. Stay tuned to the Facilities website for more information!

templebethor.org/facilities-planning

Office Closed - August 13 - 25

Please note the office will be closed August 13 through 25. Sarah will be on vacation and will have very limited access. If you have any special needs or projects please reach out to the office as soon as possible so they can be accommodated prior to her vacation.

Temple Leadership

Rabbi

Rachel Kort

Governing Board

President

Melanie Field

President-Elect

Wanda Bresnick

VP of Community & Engagement

Jeff Napp

VP of Finance & Facilities Management

James Feinberg

VP of Jewish Life

Jennifer Cail

Assist. VP of Community & Engagement

Will Burgamy

Assist. VP of Finance & Facilities Management

Tom Elmore

Assist. VP of Jewish Life

Melissa VonAschen-Cook

Board Secretary

Nancy Rosen

Members-At-Large

Eric Elmore

Mila Lowery

Michael Tarr

Committees & Task Forces

Adult Education: Vacant

Bereavement: Susan Cross

Book Club: Julie Maltos

Building: Jeff St. George

Building Design: Paul Vexler

Calendar: Sarah Davis

Campership: Sonia Siegel Vexler

College and Military Outreach: Sarah Davis

Capital Campaign: Norm Black

Combined COVID-19: Adam Goldstein

Communications: JonaRose Feinberg

Facebook: Deb Henry

Financial Administrator: Norm Black

First Chapter: Dana Sanders

Fundraising: Vacant

High Holy Days (RH): Robyn Klarman

High Holy Days (YK): Ellis Engbar

Life & Legacy/Endowment: Harold Dash

Library: Melissa VonAschen-Cook

Membership: Leslie Elmore

Mitzvah Corps: Carolyn Wexler

Next Chapter: Sonia Siegel Vexler

Nominations: Sonia Siegel Vexler

Oneg Coordinator: Janet Karr

ORacle Editor: Kathie Roon

ORacle Publisher: Sarah Davis

ORbits: Lori Wolff

Ruach and Ritual: Vacant

Safety and Security: Mirs VonAschen-Cook

Social Action: Naomi Katsh and

Melissa VonAschen-Cook

Technology: James Feinberg

Website: JonaRose Feinberg

Youth Education: Mila Lowery


Staff

Office Administrator: Sarah Davis

Youth Group: Eian Snyder

JULY 2022

TAMMUZ / AV 5782

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 	5 Adult BMZ Class 6:30 pm	6 Executive Board Mtg 7:00 pm	7	8 Liaison Mtg 10:00 am Shabbat Service 7:30 pm	9
10 Governing Board Mtg 9:00 am	11 Communications Committee Mtg 7:00 pm	12 Adult BMZ Class 6:30 pm	13 Legacy Committee Mtg 10:00 am	14	15 ORacle Submission Deadline	16 Shabbat Service & Bat Mitzvah L. Lowery 10:00 am
17 Private Wedding	18 Membership Committee Mtg 7:00 pm	19 Adult BMZ Class 6:30 pm	20	21	22 Lay Led Shabbat Candle Lighting 5:45 pm	23
24 ----- 31	25	26	27 Safety & Security Committee Mtg 7:00 pm	28	29	30 Outdoor Shabbat 10:00 am

Fill out the Calendar/Event Submission form to add an item to the calendar &/or set up a Zoom meeting. This includes all committee meetings. Please submit a form even if you are using a private Zoom. Thanks.
templebethor.org/calendar-submission

Note: Appointments are no longer required for using the building. During office hours advanced notification of building access is requested for safety and security reasons. Please contact the office prior to entering the building (425-259-7125 x1). Office Hours are Tuesday - Friday from 9:00 am - 4:30 pm.

Check *ORbits*, TBO Facebook page, or the TBO website for the most up-to-date information.



Temple Beth Or
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Everett, WA 98201
425.259.7125

Return Service Requested



If you prefer to read the *ORacle* online only please contact the Temple Beth Or office to be removed from the postal mailing list.

Temple Beth Or Mission Statement

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse,
serving the northern Puget Sound region of Washington State.

As God's covenantal partners in fulfilling mitzvot, our priorities are:

- **K'hilah** (community)/**Mishpachah** (family) — nurturing our interactive, multigenerational extended family;
 - **Torah** — lifelong learning, searching for meaning, and seeking comfort and healing;
 - **Avodah** — worship and celebration through the observance of meaningful, creative, and traditional rituals;
- **Tikkun Olam** — transforming ourselves and our world through *tzedakah* (fairness), social justice, and *g'milut chasadim* (acts of loving kindness).