



October 2022

Tishrei/Cheshvan 5783

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TBO Summer BBQ

Our TBO Summer BBQ was a huge success thanks to so many. Eighty members and guests of all ages (3 - 98) enjoyed gathering, schmoozing, eating, and playing together. Thank you to Michael and Susan Cross for graciously hosting the BBQ at their home. Kudos to our grill masters (Mark Bresnick, Michael Cross, Tom Elsemore, and Bob Goodmark), to those on the Membership Committee who planned and worked hard to make it happen (Wanda Bresnick, Michael Goodmark, Debbie Halliday), and thanks especially to everyone who came, shared delicious salads and desserts, and made it a success. Shameless plug - Membership is a busy, fun committee and we encourage you to join and help create more meaningful opportunities to gather as a community!





Happy New Year!



This October issue of the *ORacle* should be arriving at your home just as we are welcoming a new year in our Jewish calendar. This is a time of reflection and celebration and there are lots of opportunities to be together, both in person and over Zoom.

I hope that I will get to spend meaningful time connecting with each of you during this special season. After these few years of "laying low," one of my goals for this new year is to spend more time in relationship with each of you and to spend more time in

Snohomish County. I want to invite you to be in conversation with me as your rabbi not simply at the High Holy Days or at *oneg* on Shabbat, but throughout the year. I'm in Snohomish County at least once a week and would be happy to make a date to grab coffee, tea, or a walk. I'm also happy to meet over Zoom.

All are invited to join me for a meet-up at Kindred Kitchen on Thursday, October 27 or Narrative Coffee on Thursday, November 17 from 11:00 am – 1:00 pm. Both are located close to the Temple in Everett.

L'shana tova b'yachad—To a good new year together.

Rabbi Rachel Kort (she/her)



L'Shana Tovah Umetukah from Eldon &Carolyn Wexler



from Sheryl Shapiro & Jeff Napp



From our home to yours -Wishing you a happy, healthy, peaceful year! Mark & Wanda Bresnick



from Don, Nancy, Mirs, Melissa, Alex, & Aaron

What Are Your Favorite Parts of the High Holy Days?

At each Governing Board meeting following our opening prayer each Board member responds to a sharing question prompt. These range from the spiritual and/or Judaic (e.g. If you could write an 11th commandment what would it be?) to the secular and/ or seasonal (e.g. What was a fun memory you created this summer?). It is an opportunity to get to know a little bit more about each other, gain some insights into each other's psyche and background, and start the meeting off on a good note. At our



most recent Board meeting we shared our favorite parts of the High Holy Days. While there was a smattering of answers (*tashlich*, the shofar blasts, the round raisin challah, apples and honey, Break The Fast), many answered with some version of "coming together as a community" and "spending special time with our family."

I hope that as you are reading this you still have the sweet taste of Rosh Hashanah lingering - hopefully remembering a lovely Rosh HaShanah festival, where you enjoyed the Rabbi's inspiring words and the beautiful music led by Cantor Dreskin, munched a yummy boxed lunch while sitting on the grass, engaged in afternoon programming, and participated in *tashlich* rituals, all the while connecting with your TBO family and spending special time with your own family.

The High Holy Days provide the opportunity for us to get in some really good visits with our TBO friends and family. It is a great chance to catch up with those you may not have seen for a year (or in this case three years!). We are together long enough that you can get past the "where did you go on vacation this summer" types of questions and find out what's really been going on with these people. Be sure to take full advantage of this occasion to reconnect with others in the community. In our recovery from the pandemic, re-establishing these connections is vital. I look forward to seeing many of you at Yom Kippur services in the sanctuary.

Wishing all who choose to do so, an easy fast. May we all be inscribed in the book of life for a great year ahead.

Melanie Field, President (she/her)



Have a happy, healthy and peaceful new year. Leslie & Tom Elsemore



New Year greetings from the Chepuri/Field family. Wishing all a peaceful and healthy year ahead.



For a sweet new year, please vote! From Your TBO Social Action Committee



Temple Beth Or Youth Education Committee

Youth Education Committee Update

from co-chairs Kiah Webster and Mila Lowery youth.ed@templebethor.org

Sunday School, BOTY, and TOTS, Oh My!

We are so excited to share that TBO is offering opportunities for our families and youth of all ages to get involved this year. Our Religious School (RS) is up and running and providing our K through *b'nei mitzvah* students a chance to learn and grow in a safe and affirming environment. Our teachers, Jessica Hill and Roland Roth, are enthusiastic and engaging and are

capitalizing on an already solid curriculum. Our RS parents are reconnecting socially and are ready to plan some holiday parties and themed crafts to give all our students even more fun and memorable ways to live their Jewish identity. Our thanks go to Dana Sanders, a former Montessori teacher, who will be working with our pre-K students on age-appropriate programming once a month starting later this month (see upcoming *ORbits* for more information).

What if you are a teen that has already graduated from RS? No worries! We are happy to share that Eian Snyder will be coordinating two more events for our BOTY (post-*b'nei mitzvah* to 12 grade) youth, and we will be working to arrange even more opportunities for our teens to connect this coming year. Please let us know if you would like to be included in any BOTY related emails so we can add you to our distribution list.

What a sweet start to our new year! L'Shanah Tovah from your TBO Youth Education Committee.

TBO Teens Participate in MASSA Israel Experience

Last month our cadre of eight teens from TBO traveled to Bellingham to meet up with their Israel trip

partners at Congregation Beth Israel (CBI). They had a chance to meet the other participants who are planning to travel to Israel in July 2024 thanks to a shared grant from the SAMIS Foundation that benefits both our congregations. The teens got to know one another, took a tour of the CBI building, and made plans for fundraisers and learning opportunities.

This group will meet once a month with Rabbi Kort for Israel Learning and throughout the next two years with their CBI peers in preparation for this exciting experience. In addition to the grant, we have a lot of fundraising to do! To kick off our efforts we are asking members to "Sponsor a Mitzvot for Sukkot!" If you know of a family or fellow TBO member in need of any special fall projects such as yard cleanup or simple home maintenance you can send a



crew of strong young teens to the rescue. Please contact Amber Waldbaum for more information. We appreciate the generous support of our students in this meaningful experience.

Borrowed Prayer Books

If you have borrowed a *Mishkan T'filah* for Shabbat services or have copies of the High Holy Days *Mishkan Hanefesh* set from last year that have not been returned please contact the office to arrange a time to drop them off. The Membership Committee and BOTY worked on a project this summer to number and log the books including bookplate information. We need any prayer books in circulation to be returned so they can also be logged and numbered. Thanks in advance for your help.







The *Tzedakah* Box recipient for October to December 2022 is Refugee and Immigrant Services Northwest (RISNW). For more than 40 years RISNW has been helping newly arrived refugees

and immigrants rebuild their lives and achieve their full potential as contributing citizens in their new homeland. RISNW is a refugee led, multi-ethnic, and multi-cultural organization that supports immigrants and refugees from many different countries. Please support by donating to the *Tzedakah* Box or checks can be sent directly to: RISNW, Everett Community College M/S 41, 2000 Tower St, Everett, WA 98201.

Volunteering for Ukrainian Refugees

We have an exciting and meaningful opportunity to live out our congregational priority of *tikkkun olam* by welcoming and supporting Ukrainian refugees who have fled their war-torn homes and moved to our area, just as many of our families did a century ago. This project offers many ways to directly support individuals and families:

- Volunteer at the Welcome Center (Carl Gipson Senior Center in Downtown Everett just blocks from TBO) on Friday afternoons from 1:30 4:00 pm. Volunteers are needed to meet new refugees and help distribute needed household items.
- Pack supplies with a group of volunteers at the Welcome Center on Wednesday mornings or afternoons.
- Arrange housing. Housing is a critical need for families currently sharing space with their family or sponsors. If anyone owns or has access to housing which could be donated or a reduced rent could be arranged, this would be greatly appreciated. We need a point person to oversee this area.
- Lead a conversation group with a partner. English language classes in the area are full and RISNW has asked us to organize twice weekly conversation classes (one on Mondays and Wednesdays and the other on Tuesdays and Thursdays, both during the day). You do not need to have ELL (English Language Learner) experience. There will be a training for new facilitators.
- Volunteer in the Welcome Center office helping immigrants fill out forms and access needed services.
- Donate funds through the *Tzedakah* Box or let us know if you prefer to shop for needed household items instead of a financial donation.

For more information or if you are interested in volunteering please contact Vicki Schwartz, Beth Fine, or Naomi Katsh Barger

Please Vote! Election Day - November 8



Please consider volunteering to write postcards or letters encouraging others to vote. There are several non-partisan organizations involved in this effort including Vote Forward and Reclaim Our Vote. You can also find a link through the Religious Action Center (RAC) of the URJ Every Voice, Every Vote Campaign.

tinyurl.com/pleasevote2022



October Service and Event Schedule

All regular Shabbat services are now accessed using the same Zoom link. We will still use unique links for *b'nei mitzvah* and special events. Shabbat Zoom: <u>tinyurl.com/tboshabbatzoom</u> Meeting ID: 837 4187 0594 Passcode: 531760

For Dial In Users: (253) 215-8782

In the event of Zoom link errors, please join the meeting by manually entering the Meeting ID and Passcode into the Zoom app or website.

Pre-registration for in-person services: Pre-registration is required for in-person attendance for <u>non-members only</u> unless otherwise specified. Members who meet vaccine requirements are welcome to attend without registration. To register please visit: **templebethor.org/service-registration**.

Note: Please keep in mind that COVID-19 related protocols and weekly metrics are subject to change. For the most up-to -date in-person service information please see ORbits or the website calendar. For current COVID-19 protocol information please visit: **templebethor.org/covid/**



Saturday, October 1, 10:00 am

(in-person and interactive online via Zoom - standard Shabbat link) Shabbat *Shuvah* with Rabbi Kort and Shoshana Stombaugh

Traditional Shabbat morning worship service with High Holy Days melodies. No registration required for members. Non-members please register at the link above.



Tuesday, October 4 and Wednesday, October 5 – Erev Yom Kippur and Yom Kippur Please see your registration packet or **templebethor.org/high-holy-days/** for more information. Pre-registration is required for all attendees and in order to obtain Zoom links.



Sunday, October 9, 5:00 - 8:00 pm (5:00 pm service in Sukkah, 5:30 pm dinner, 7:00 pm program) Sukkot: A Holiday of Inclusion and Hospitality Sukkot Dinner and an Evening with Our Member Gavriella Schuster, Become an Ally and Agent of Change

Become an Ally and Agent of Change with Our Member Gavriella Schuster

Have you ever wondered why you need to be an ally and why is it important to be one? Have you ever had indirect, subtle or unintentional discrimination

(microaggression) against you and you weren't sure how to respond? Come learn with Gavriella Schuster, a former Microsoft executive, a global thought leader, currently the CEO of her own company, and a Temple Beth Or member. She will share her expertise and passion around diversity, equity and inclusion.

All attendees must register to participate. Please register for the service, dinner, and/or program, at: <u>templebethor.org/service-registration/</u>. Registration closes September 30, 3:00 pm for dinner and October 7, 3:00 pm for program and service.



Friday, October 21, 5:45 pm (interactive online via Zoom) Shabbat Candle Lighting (Lay Led)

Join our Temple Beth Or family as we welcome Shabbat with a healing prayer, candle lighting, and *Kiddush*. This service is great for all ages and will last less than 30 minutes.



SHABBAT ZOOM LINK



First Chapter and Next Chapter Go to Swans Trail Farms Saturday, October 22, 2:00 pm

Save Saturday, October 22 for visiting Swans Trail Farms with First Chapter and Next Chapter. There is no admission fee for the pumpkin patch, fall food, or country store. There is an admission fee for anyone over 2 years old for the corn maze, petting farm, and kids' play area. The corn maze is a map of Washington State with more than 250 state roads and 400 towns and landmarks each labeled with historical facts. The paths cover 4.5 miles.

Location: Swans Trail Farms, 7301 Rivershore Road, Snohomish (we will meet at 2:00 pm at the picnic tables) **Tickets:** \$18 per person (purchased in advance online), \$24 (at gate), prices include taxes. For seniors (65+ and must show ID) there is a 25% discount. Tickets can be purchased at <u>tinyurl.com/swanstrail</u> **Additional Information:** <u>swanstrailfarms.com</u>. No registration is needed for this event. For questions, please contact Dana Sanders (First Chapter) or Sonia Siegel Vexler (Next Chapter)

Book Club Sunday, October 23, 10:00 am

APEIROGON A NOVEL A NOVEL A A A COLUM M COLUM M COLUM M COLUM

This month's selection is *Apeirogon* by Colum McCann. The novel explores the conflict in the Middle East. It follows the story of two men who each lost a daughter - one is Palestinian, the other Israeli. Please contact Julie Maltos for more information.

Introduction to Judaism Class Beginning October 23, Sundays 7:00 - 8:30 pm

Join rabbis from across Washington State for a 26-session survey class covering Jewish practices, ideas, and history. This class is ideal for those seeking conversion or looking to deepen their knowledge and connection to Judaism. Classes are Sundays from 7:00 – 8:30 pm beginning on October 23, exclusively on Zoom. Tuition is on a sliding scale basis and no one will be turned away for financial reasons. For more information please visit the Washington Coalition for Rabbis website at: <u>www.washingtoncoalitionofrabbis.com/event-details/introduction-to-judaism</u>



Shana Tovah! from Kathie & Tony Roon



Wishing you health and happiness in 5783 and beyond. from Sarah Davis in your TBO Office

COVID-19 Update



The good news is that the Snohomish Health District (SHD) has transitioned to the 'Green / Low' COVID-19 transmission level. This allows optional masking and food to be served indoors at TBO for the time being.

The Combined COVID-19 Task Force (COVID TF) met and the Board approved the following changes to our protocols:



- TBO will no longer require a booster for members or non-members. We will still require the initial vaccination.
- Sanctuary capacity limits have been increased to 100 attendees. Furthermore, the Board approved creating a masks-required section at services for when masks are optional based on the SHD levels.
- Pre-registration will no longer be required for members to attend services and activities with the exception of events that require registration for safety or logistical reasons (i.e. offsite, need headcounts for food, etc.).

Age	Vaccine Needed		
0-6 months	No vaccine currently available		
6 months - 5 years	Vaccine series must be started by 9/25/22		
ages 5+	Must be fully vaccinated to attend any in-person event		

- The Board passed a motion to suspend contact tracing from TBO events for all members. For both security and safety reasons, information on guests/non-members attending will still be logged.
- Religious School (RS) protocols will generally align with TBO protocols including masking requirements dependent on SHD levels. The booster requirements for RS are being suspended at this time. More information with details about these decisions is being sent to RS families.

It should be noted that TBO still supports and encourages all those who are eligible to receive boosters.

Please reach out to Adam Goldstein with any questions or concerns.

Way To Go Sam! An Update on Sam Halle's Bat Mitzvah Project



We welcomed Sam Halle as our newest adult member of TBO when he became a bar mitzvah on August 13. For his *tikkun olam* project Sam chose to raise funds for ballistic vests for the K-9 officers of the Everett Police Department.

Not only did Sam raise enough funds to outfit all four Everett Police Department K-9s (Duke, Major, Oscar, and Saxon) with ballistic vests, he's now on his way to doing the same for the Grant County Police Department K-9s. Sam and his family would like to thank the TBO community, friends and family for all of the generous donations.

For more information on Sam's project please visit: tinyurl.com/samk9vests

Capital Campaign Update

from co-chairs Jessica Burgamy and Jeff Napp

The Building Our Future – Capital Campaign Introduction event on September 10 at TBO was a tremendous success with 47 members present to enjoy schmoozing, observing Havdalah, singing the new Capital Campaign theme song, eating delicious desserts, learning about the pledge drive, and to hear why it is so important for us to engage in this project. Members had the opportunity to learn the status of permitting and the architectural plans for the proposed remodel (see below). Many thanks to Janis Warner and Leslie Elsemore who led the event planning, our two speakers, Rennie Karr and Cecilia Black, and to all who helped make the evening a success.



The Leadership Phase of the pledge drive has begun and will run until the end of October and the Community Phase of the pledge drive will start in November and run until the end of December. When contacted by one of the campaign volunteers with a request to meet please find time in your schedule to talk with them about the campaign and pledge generously. This will help our community realize the goal of creating a campus that is accessible to all, has improved safety features, and includes new and improved social and classroom spaces. You will have the option of meeting in person, talking over Zoom or telephone.

Our next Capital Campaign event will be on Sunday, November 6. Watch for more details in the coming weeks.

Sung to the tune of the Turtles "Happy Together" with new lyrics by Sheryl Shapiro (first verse only)

Imagine me and you I do I think about this day and night It's only right to think about the place we love The House of Light Let's build this together!



May this BEE a sweet year for our Temple family. from Deb Henry



Wishing all a sweet, happy, and healthy new year. From Your TBO Governing Board

Leadership News

During the Governing Board Meeting on September 11, 2022 the Board did the following:

1. Approved the minutes from the August 14, 2022 meeting and the August 23-26, 2022 email meeting.

2. Discussed HHD volunteer sign-ups.

3. Signed up for greeter duties using the Shabbat Tracker.

4. Met the Youth Ed Committee (presented by co-chair Mila Lowery). An interview is scheduled this coming week with a candidate for the Education Director position.

5. Heard an update about the Capital Campaign. Melanie discussed the matter of Board members all being part of the first phase of the Capital Campaign and her hope that all would participate at whatever level was meaningful for their household. She also thanked those who helped with and/ or attended the September 10 event. Training of askers is happening this week. Scheduling of ask visits should be happening later this month for Board members.

6. Listened to a presentation from James about the 3217 Lombard property. The Finance Committee has done an analysis and suggests that we should demolish the building. This will require a congregational vote. The Board will vote on this next month and then we will add this to the agenda for the December meeting.

7. Heard an update about the collaboration with the EUU church. They had their vote, are planning to leave their building and would like to continue discussing options with us. David Fine and Sandy Voit will be the point people on this work. The EUU folks are interested in a tour of our building and perhaps setting up a sample service in the future.

8. Listened to information about HHD programs and planning.

9. Reviewed July Financial Reports.

Discussed the most recent work of the Combined COVID-19 Task Force (TF) with Adam Goldstein, chair of the TF. Numbers heading in the right direction. Two motions recommended by the TF were passed: one to suspend contact tracing measures, the other to suspend booster requirements for our events and services. Religious school protocols will be reviewed and updated at the next TF meeting. We reviewed the results of the RS survey.
Heard highlights from Committee/Task Force Reports, including the granting of the extension on the insurance claim and the Safety and Security grant not being awarded.

12. Heard highlights of the President's Report, including participating in a security walk through of the building with the Everett Police Department.

It should be noted that the Board also conducted an email meeting this past month (August 23-26) to vote on two motions. The motion that would create a masks-required section when masks are optional, passed. The second motion dealing with suspending booster the requirement, did not pass. This motion was re-worded and did pass during the virtual Board meeting on September 11. Temple Leadership

Rabbi Rachel Kort

Governing Board President Melanie Field

President-Elect Wanda Bresnick

VP of Community & Engagement Jeff Napp

VP of Finance & Facilities Management James Feinberg

> VP of Jewish Life Jennifer Cail

Assist. VP of Community & Engagement Will Burgamy

Assist. VP of Finance & Facilities Management Tom Elsemore

> Assist. VP of Jewish Life Melissa VonAschen-Cook

> > Board Secretary Nancy Rosen

Members-At-Large Eric Elsemore Mila Lowery Michael Tarr

Committees & Task Forces Adult Education: Vacant Bereavement: Susan Cross Book Club: Julie Maltos **Building: Vacant Building Design: Paul Vexler** Calendar: Sarah Davis Campership: Sonia Siegel Vexler College and Military Outreach: Sarah Davis Capital Campaign: Jessica Burgamy & Jeff Napp Combined COVID-19: Adam Goldstein Communications: JonaRose Feinberg Facebook: Deb Henry Financial Administrator: Norm Black First Chapter: Dana Sanders Fundraising: Vacant High Holy Days (RH): Robyn Klarman High Holy Days (YK): Ellis Engbar Life & Legacy/Endowment: Harold Dash Library: Melissa VonAschen-Cook Membership: Leslie Elsemore Mitzvah Corps: Carolyn Wexler Next Chapter: Sonia Siegel Vexler Nominations: Sonia Siegel Vexler Oneg Coordinator: Janet Karr ORacle Editor: Kathie Roon ORacle Publisher: Sarah Davis ORbits: Lori Wolff Ruach and Ritual: Vacant Safety and Security: Mirs VonAschen-Cook Social Action: Naomi Katsh & Melissa VonAschen-Cook Technology: James Feinberg Website: JonaRose Feinberg Youth Education: Mila Lowery & Kiah Webster

Staff

Office Administrator: Sarah Davis Youth Group: Eian Snyder

OCTOBER 2022

TISHREI/CHESHVAN 5783

Sun	Mon	Tue	Wed	Thu	Fri	Sat
**Items marked with a shofar are a part of HHD programming						1 (6 Tishrei) Shabbat Shuvah 10:00 am
2 No Religious School Cemetery Service 4:00 pm	3 HHD Singers Rehearsal 7:00 pm Finance Committee Mtg 7:00 pm	4 Erev Yom Kippur	5 Yom Kippur	6	7	8
9 Religious School Sukkot 5:00 pm	10 Communications Committee Mtg 7:00 pm	11 Combined COVID-19 TF Mtg 7:00 pm	12 Capital Campaign Committee Mtg 7:00 pm	13 Governing Board Mtg 7:00 pm	14 Liaison Mtg 10:00 am	15
16 Religious School	17 ORacle Submission Deadline Membership Committee Mtg 7:00 pm	18	19 Capital Campaign Committee Mtg 7:00 pm	20	21 Shabbat Candle Lighting 5:45 pm	22 First Chapter & Next Chapter Go To Swans Trail Farms 2:00 pm
23 Religious School Book Club 10:00 am 30 Religious School	24 Calendar Prep Mtg 7:00 pm 31 Halloween	25	26 Capital Campaign Committee Mtg 7:00 pm Safety & Security Committee Mtg 7:00 pm	27 Rabbi Meet-Up Date at Kindred Kitchen 11:00 am	28	29

Fill out the Calendar/Event Submission form to add an item to the calendar &/or set up a Zoom meeting, this includes all committee meetings. Please submit a form even if you are using a private Zoom. Thanks. <u>templebethor.org/calendar-submission</u>

Note: Appointments are no longer required for visiting the building. During office hours advanced notification of building access is requested for safety and security reasons. Please contact the office prior to entering the building (425-259-7125 x1). Office Hours are Tuesday - Friday from 9:00 am - 4:30 pm.

Check ORbits, TBO Facebook page, or the TBO website for the most up-to-date information.



Temple Beth Or 3215 Lombard Ave Everett, WA 98201 425.259.7125

Return Service Requested



If you prefer to read the *ORacle* online only please contact the Temple Beth Or office to be removed from the postal mailing list.

Temple Beth Or Mission Statement

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse,

serving the northern Puget Sound region of Washington State.

As God's covenantal partners in fulfilling mitzvot, our priorities are:

- K'hilah (community)/Mishpachah (family) nurturing our interactive, multigenerational extended family;
 - Torah lifelong learning, searching for meaning, and seeking comfort and healing;
 - Avodah worship and celebration through the observance of

meaningful, creative, and traditional rituals;

• **Tikkun Olam** — transforming ourselves and our world through *tzedakah* (fairness), social justice, and *g'milut chasadim* (acts of loving kindness).