THE ORACLE



October 2024

Elul/Tishrei 5784-85

Founded 1985

Volume 35, Issue 9



SUKKOT

Membership dinner and music under the stars

Friday, October 18, 6:00 pm

Shmoozing

Shabbat and Sukkot blessings

Good food and good music

Details on page 4

Celebrate with singing, dancing and unrolling the entire Torah scroll

Thursday, October 24, 7:00 pm

SIMCHAT TORAH





Rabbi's Corner



Cultivating gratitude

Sometimes I think the Jewish people are hard-wired to *kvetch* (complain). After passing through the Red Sea and arriving safely in the wilderness, the first thing the Israelites do is whine. "We don't have any food or water!" Though God gives them water and manna falls down from the sky, they continue to complain that they have to eat the same thing every day. Perhaps it is because complaining comes more naturally to us, that Jewish tradition actively

seeks to cultivate gratitude. The Talmud states that each person is obligated to recite 100 blessings each day (Menachot 43b). This suggests that we should live a life immersed in blessing.

It is our new year's tradition to include an extra blessing at our holiday table. In addition to challah and wine, we dip apples in honey, which represents our hope for a sweet year. Our extended Beth Or family will have an opportunity to enjoy apples and honey together during our oneg after our Rosh HaShanah evening service. One of the ways we can actualize our blessing for a sweet new year at Temple Beth Or is by working to cultivate a culture of gratitude in our community.

All the programming that we will offer during the High Holy Days and throughout the year at Temple Beth Or is driven by our volunteer leaders with the support of your part-time professional team. Many people have worked hard for many months to bring us together in our building, at Camp Kalsman, in the community, and over Zoom. I'm continually in awe of our members' dedication to creating a Jewish community in Snohomish County, but especially during our busy fall holidays.

This new year, I want to invite you to help me create a culture of gratitude at Temple Beth Or:

- Take time to thank a volunteer.
- Take time to thank our amazing part-time professionals.
- Pay it forward by volunteering during the High Holy Days or throughout the year.
- In addition to wishing friends and fellow TBO congregants "*shanah tovah*," tell them something you appreciate about TBO. Let's *kvell* instead of *kvetch* about our community.
- Of course, sometimes the things we do fall short. In addition to offering constructive feedback, share a few things that worked well for you, too.

I look forward to spending time with many of you throughout the coming weeks. Thank you to everyone who has helped and will help create this special season of reflection, meaning, community and gratitude to life at Temple Beth Or.

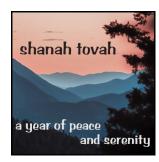
Rabbi Rachel Kort (she/her)



L'shanah tovah!
- Kathie and Tony Roon



Shanah tovah, from Norm and Janis



Praying for peace in our world
- Deb Henry

From our President

Transitions Excerpts from my HHD address

As we head into the new year, I am aware that the upcoming year will be one of transition. We will be moving out of our building and breaking ground on our remodel. It will be an exciting and stressful time. Transitions can be stressful because they take us out of our comfort zone, but they can lead to growth and positive change.

Since our 2021 congregational vote to stay in our building and remodel, many people have been working hard to move the project forward. During this process, emotions have ranged the full gamut from excitement, to worry, frustration, concern, and elation. We anticipate that sometime next spring we will break ground on our new building, which will result in Temple Beth Or facing a major transition as a community. How we manage this transition will be important in ensuring that TBO remains resilient and united.

Let's look at strategies that will help during this critical time. Routines and structure can provide predictability during times of uncertainty. Remember, Temple Beth Or is not the building in which we meet. It is the community we have created, and that will not change. That core of who we are as a community will provide the structure to help with this transition.

Despite not being in the building, services, Religious School, life cycle events and other Temple activities will continue. Additionally, acts of *tikkun olam*, a core part of our beliefs, do not need a building. Both individually and as a community, we can engage in repairing the world, starting with our local community, working toward social justice and by treating others kindly.

Each of you can help support our community during this time by participating in services and other activities. Look for ways to help and volunteer when you can, as this will help you stay connected. Clear communication will be important as we navigate uncharted territory. Make an effort to stay informed through attending congregational meetings and reading the *ORbits* and *ORacle*, which are full of information.

As with any transition, despite a positive outcome, the process is disorienting and stressful. How we as a community handle this stress matters. No remodel goes completely smoothly. There will be missteps, frustrations and difficult moments. Please remember that we are a volunteer-driven community, and our volunteers are working very hard and doing the best they can. Take time to acknowledge people and to thank those actively involved in the process. If you have a question or concern, please reach out to leadership in a constructive manner. Give each other grace and remember we all want the best for Temple Beth Or.

What our small community is accomplishing through this remodel process is truly remarkable and something to celebrate. I want to thank each of you who have contributed to our Capital Campaign to make this remodel possible. Without all of you, none of this would be possible. This next year will be such an exciting one for Temple Beth Or! Let's come together and celebrate our amazing Jewish community, and pray for peace in this new year.

L'Shanah tovah!

Wanda Bresnick, President (she/her)



Blessings for courage, hope, and connection!

- Sheryl Shapiro & Jeff Napp



L'shanah tovah, from our household to yours!

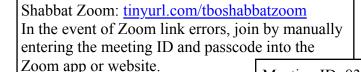
- Wanda and Mark Bresnick



L'shanah tova u'metukah
- Carolyn and Eldon Wexler

October services

All regular Shabbat services are accessed using the same Zoom link. We will use unique links for *b'nei mitzvah* and some special events.













Dial-in users: 253-215-8782

Passcode: 531760

Meeting ID: 837 4187 0594

Registration: Prior registration is required for in-person attendance for nonmembers and guests only unless otherwise specified. To register, visit templebethor.org/service-registration.

Erev Rosh HaShanah and Rosh HaShanah - Wednesday, October 2 & Thursday, October 3





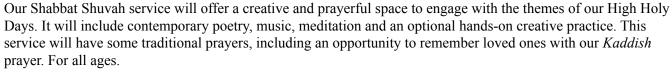


See templebethor.org/high-holy-days/ and September *ORacle* for more information.

Creative Shabbat Shuvah service

Saturday, October 5, 10:00 am, with Rabbi Rachel Kort and Rabbi CB Souther (in-person and online)





Guests - Register at templebethor.org/service-registration/. Registration ends Friday, October 4, 3:00 pm.

Erev Yom Kippur and Yom Kippur - Friday, October 11 & Saturday, October 12





See templebethor.org/high-holy-days/ and September *ORacle* for more information.

Sukkot membership dinner and music under the stars

Friday, October 18, 6:00 pm, with Rabbi Rachel Kort and musician Ken DeRoche (in-person only, outdoor)



We will have Shabbat and Sukkot blessings, and share a Sukkot story. There will be lots of shmoozing, good food and good music to enjoy, too.



Registration: All attendees must register to attend. RSVP by Thursday, October 10, 3:00 pm at tinyurl.com/ tbosukkot.

Guests - This event is limited to TBO members. If you are a nonmember and would like to attend, please contact the office (office@templebethor.org) to be put on a waitlist in the event that space is available.

Simchat Torah



Thursday, October 24, 7:00 pm, with Rabbi Rachel Kort and musician Shoshana Stombaugh (in-person only)

Celebrate Simchat Torah with singing, dancing and unrolling the entire Torah scroll. This service will last about an hour. Multigenerational.

Guests - Register at templebethor.org/service-registration/. Registration ends Thursday, October 24, 3:00 pm.

Membership Committee news

Happy TBO Anniversary! We appreciate you being a part of our TBO community:

- Marilyn and Michael Glosser 36 years
- Debbie Halliday 31 years
- Dru Miller 31 years
- Wanda and Mark Bresnick 27 years
- Pat and Larry Azus 24 years
- Aviva Goodwin 18 years
- Dale Arends 13 years
- Erin and Alan Jacobson 10 years
- Jennifer and Matthew Cail 9 years

- Melissa VonAschen-Cook 7 years
- Mirs VonAschen-Cook 7 years
- Aileen and Koby Wexler 6 years
- Deborah and Randy Jergensen 4 years
- Nancy Rosen 3 years
- Phil Webster 3 years
- Kiah Webster 3 years
- Karen Mars 2 years
- Rani Linarelli and Aaron Brown 1 year



Next Chapter visits the Cascadia Art Museum



TBO summer BBQ

Thank you to everyone who came and helped make this year's TBO summer BBQ a success. A special thank you to Susan and Michael Cross for opening their home. A great time was had by all!





Massa teens travel to Spain and Portugal

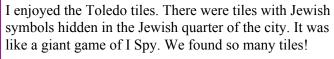


As we journeyed through Madrid, Seville, and finally to Lisbon, I found myself not only enjoying the sights and sounds of these incredible cities but also reflecting on the

My trip to Spain and Portugal was an unforgettable experience, filled with moments of wonder and discovery.

Jewish heritage that is intertwined with their histories.

- Ruby Jacobson



This trip was a wonderful experience, and well worth the two years of work it took to get to go.

- Tommy R. Cail





In Spain we got to go to many different cities and saw a lot of different monuments and buildings, and we were able to have some amazing new foods and snacks. After days of tons of travel we got a break at the beach, which was probably one of my favorite days on this trip.

I don't think I will ever get another experience like Massa, and I am so happy that I was able to be a part of this group.

- Laila Lowery

Read the full essays and see more pictures here: https://templebethor.org/massa2024

We went into an older city area, and looked around at the old Jewish area. There were some Jewish markers, which was cool to see. It reminded me that I am part of a group that has been around for thousands of years.

I am so thankful for the amazing opportunity to go to Spain, and I hope the next group that goes will have as much fun as I did.

- Caris Webster



Massa teens travel to Spain and Portugal

From June 26 through July 8, 2024, the Massa program had a life-changing trip exploring Judaism in Spain and Portugal. As the chaperone from TBO, it was my pleasure and honor to accompany our teens on this journey. We started at Sea-Tac Airport, with hellos for our fellow travelers from Congregation Beth Israel in Bellingham and goodbyes to the parents, before hopping over to Amsterdam for a four-hour layover before arriving in Barcelona, Spain.

In Barcelona, we toured much of the city, especially the Gaudi sites, before going to the oldest, Roman part of the city where the old synagogue is. Next was Madrid. We spent a little time in the city, but nearby is the old city of Toledo which had some of the most expansive evidence of Jewish life. Spreading out from the old Jewish quarter,



there were little tiles in the street and along the bottoms of walls, with Jewish symbols such as stars, letters and menorahs. It was a wonderful scavenger hunt to find as many as we could. Cordoba was the next city on our tour, where we went to the old Jewish quarter that was a walled-in city within the city. A statue of Maimonides greeted us from his birthplace.

Seville was next on our tour. We were now in the south of Spain, and the hot weather reflected it. The old city and a tour of the largest cathedral in Spain, third largest in Europe, took place in the morning, and then everyone was ready to go back to air-conditioned hotel rooms. That evening, we all went to see a Flamenco performance, one of the best parts of the trip. Grenada and the Alhambra were quite the sights to be seen, and at around 100 degrees, ones we didn't last long at!

We finally came to the Mediterranean and stayed near the beach for three days. The evenings were spent walking down to the beach for an evening dip, and one day was spent at the beach, or hotel, for those of us who just wanted to chill for the day. Ten days in, we left Spain for the British territory of Gibraltar. Everyone could forget their Spanish for the day and shop in pounds instead of Euros. The trip up the Rock of Gibraltar was even better with the macaque monkeys that were brought over in 711 CE and have lived there ever since. Our last two days were spent in and around Lisbon. We went around the city a bit and then drove up the Atlantic coast to visit Sintra and Cascais, where we could see the remnants of Jewish culture. After twelve days of Jewish learning, seeing the history of our people in person, and hearing Spanish and Portuguese history from their perspectives, it was time to say goodbye to our tour guide, Veronica, and return to Seattle.

Jennifer Cail



Meet our new BOTY advisor: Sam Fuchs

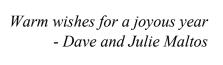
Beth Or Temple Youth (BOTY) has a new advisor! **Sam Fuchs** grew up at Temple Beth Or, attending religious school and celebrating his bar mitzvah here. He was actively involved in the BOTY program throughout high school, and served as BOTY President during both his junior and senior years. Sam has over a decade of experience on URJ Camp Kalsman staff, and is a Central Washington University graduate.

Sam is currently creating a teen program for Rosh HaShanah as well as putting together a series of events for the upcoming year. It is his goal to foster memorable experiences, leadership development, social connections, community engagement and personal growth for our teens.

Sam has been reaching out to teen families. Please welcome Sam in his new role at Temple Beth Or.



A happy and healthy 5785!
- Pam and Rich Spitzer





From our Social Action Committee

The *Tzedakah* Box recipient for October-December is Women Wage Peace (WWP). This is a large, grassroots, nonpartisan peace movement in Israel. WWP "empowers women from diverse communities to build trust across divides, leading in turn to a unified demand for diplomatic negotiation, with full representation of women, to end the Israeli-Palestinian conflict."

مارند خاس مارسانوهاس مارسانوها

Women Wage Peace

The selection of this organization is made in memory of Vivian Silver, a peace activist and friend of Paul Vexler (z"l) and Sonia Siegel Vexler. For more information, please go to the website https://www.womenwagepeace.org.il/en/.

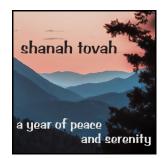
Tzedakah Box contributions can be given in the form of cash, check, or online donation. Cash donations can be placed in the beautiful wood *Tzedakah* Box in the foyer of the synagogue. Checks can be made out to Temple Beth Or and placed in the drop box outside the office or mailed to the Temple. There is also a category for *Tzedakah* Box on your sacred commitment form. *Tzedakah* Box donations can be made online at templebethor.org. The funds are mailed to the recipient organization at the end of the quarter, with a letter from Temple Beth Or explaining the meaning of *tzedakah*.

High Holy Days food drive

The Torah and Jewish tradition command that we feed the hungry and help eradicate hunger from our society. Once again, Temple Beth Or is participating in the High Holy Days food drive to support our local Volunteers of America Western Washington food bank.

Donations will be collected prior to services on Kol Nidre (Erev Yom Kippur) and Yom Kippur morning at the portable at the north end of our parking lot behind the synagogue. Nonperishable cans, jars or boxes of food (vegetables, fruits, beans, pasta, peanut butter, soup), hygiene items and baby items such as diapers are most needed.

Monetary donations in the form of checks to VOAWW Food Bank or grocery store gift cards are also welcome so the food bank can purchase perishable food or other needed items.



From your Social Action Committee

November 5 is Election Day Remember to vote!





ASSURE JEWISH TOMORROWS

Please contact a committee member to learn more.

Bob Goodmark
Deb Henry
Eldon Wexler
Sonia Siegel Vexler





October yahrzeits



•		•		
10/2	Andrew Arends	Grandfather of Dale Arends		
10/2	William Jeremiah Manigault	Uncle of Melech Gillins		
10/3	Stanley M. Lukoff	Temple Beth Or Family		
10/3	Fae Oberleder	Grandmother of Sandy Voit		
10/5	Ruth Bisen Field	Mother of Melanie Field		
10/6	Louis Klein	Father of Marla Phippen		
10/7	Harry Hochman	Grandfather of Ellie Hochman		
10/8	Ethelyn Michelson	Temple Beth Or Family		
10/8	Deborah Sebel	Cousin of Howard Schoenfeld		
10/9	Joseph Kessler	Temple Beth Or Family		
10/9	Amy Mackoff	Sister of Julie Mackoff		
10/10	Barry Cowick	Uncle of Dan Paquette		
10/11	Augusta Bloom Finkelstein	Grandmother of Naomi Katsh Barger		
10/11	Herbert Green	Father of Ron Green		
10/11	Louis Schwartz	Grandfather of Vicki Schwartz		
10/12	Charlotte P. Milroy	Mother of Gwendolyn Campbell		
10/13	Alex Ash	Friend of Stan Sussman		
10/13	Toyel D. Niekerk	Temple Beth Or Family		
10/14	Tessie Edlen	Grandmother of JonaRose Feinberg		
10/15	Minnie Dash	Grandmother of Harold Dash		
10/15	Marian Mae Shapiro	Aunt of Steve Cohn		
10/15	Mary Sturman	Temple Beth Or Family		
10/17	Lori Donahue	Grandmother of Jake and Matthew Phippen		
10/18	Lorraine Barger	Mother-in-Law of Naomi Katsh Barger		
10/19	Vaughn Blackburn	Father of Cheryl Waldbaum		
		Grandfather of Amber Waldbaum		
10/19	Thomas Cowick	Uncle of Dan Paquette		
10/20	Gussie Ephross	Mother of Mim Edelstein		
10/21	Lena Halber	Grandmother of Sheryl Shapiro		
10/21	Zelda Tatel	Mother of Harvey Tatel		
10/22	Richard Sinclair	Temple Beth Or Family		
10/23	Howard Goldenberg	Friend of Rosalie Kosher		
10/23	Alex Rosen	Temple Beth Or Family		
10/25	Sam Hochman	Father of Ellie Hochman		
10/28	Rebecca Eskenazi	Temple Beth Or Family		
10/29	Betty Arfin	Mother of Julie Maltos		
10/29	John Jergensen	Father of Randy Jergensen		
10/29	Christopher Manigault	Uncle of Melech Gillins		
10/29	Ruth Quartin Weitz	Mother of Nancy Rosen		
		Grandmother of Mirs VonAschen-Cook		
10/30	Philmore Grossman	Father of Carl Grossman		
10/31	Doreen Sable	Aunt of Debra Henry		
10/31	Sylvia "Tzippy" Siegel	Sister of Sonia Siegel Vexler		
10/31	Fannie Wexler	Grandmother of Eldon Wexler		

Lost & Found to be donated



Contents of the Lost and Found box will be donated on October 15, so please check the box and claim your stuff before then! If you have any questions, reach out to the office.



Remodel news

It has been a busy month for the remodel folks! Here's what's been happening:

- We received an updated cost estimate from CPM, our contractor.
- We prepared materials for and participated in a special membership meeting on September 8, requesting approval to spend additional monies, per bylaws Article V section 7. Members participated in person and online, and others watched a recording of the meeting after the fact.
- We set up extended electronic voting for the motion authorizing expenditures up to \$500,000. Almost 60% of eligible members participated in voting, and the vote was unanimous to approve the expenditures. The motion thus passed. Thanks to everyone who participated in this process.
- Ther building permit application was submitted to the City of Everett on September 20, and the public works permit will soon follow.
- We began the value engineering process. A subgroup of the Task Force was formed to tackle this. Glen Pickus is spearheading this effort.
- Updated drawings have been shared with the accessibility consultant for evaluation with respect to best practices for accessibility.
- Work on getting an additional extension on the insurance claim is in progress.

Key events expected in the month ahead include receiving a competitive bid/proposed contract from CPM. The next step after that is a congregational vote to approve the project and to accept the contract. Watch for information about that meeting in the upcoming weeks.

Questions about the remodel project can be sent to **Harold Dash**, **Melanie Field** or **Glen Pickus** at remodel@templebethor.org.



Leadership News

During the Governing Board meeting on September 8, 2024, the Board did the following:

- 1. Approved the minutes from last month's Board meetings (August 4 and August 20).
- 2. Discussed logistics for the special membership meeting regarding the congressional vote for the remodel.
- 3. **Rich Spitzer** provided the Board with a Remodel Task Force update. We have received 70% drawings. The overall project cost estimate has increased 10%, to \$4 million. A value engineering task force will be tackling costs. Applications for building permits will be submitted to the City of Everett in mid-September. The current timeline has construction starting next spring. Our Capital Campaign Task Force will be developing a plan to raise additional funds.
- 4. **Ellis Engbar** updated the Board on Religious School. Nine families opted to pay the full 100% tuition versus our standard subsidized rate. We have three new teachers and four classrooms, including our Tots.
- 5. High Holy Days report The Board was reminded to encourage people to sign up for High Holy Days volunteering.
- 6. Currently, our masked-only seating section is rarely used. A motion was passed to rescind our COVID-19 policy of having a designated masked-only seating section for services.
- 7. The Finance Committee report was made and **James Feinberg** confirmed that we are doing well with budgeting thus far this year.



Sending sweetness to each of you! Shanah tovah,

- Your TBO Governing Board

May you and yours have a sweet new year

To my TBO family and beyond, Nancy Rosen



Wishing a sweet new year to all - The Chepuri-Field Family

Temple Leadership

Rabbi

Rachel Kort

Governing Board

President

Wanda Bresnick

President Elect

Nancy Rosen

VP of Community & Engagement

Jeff Napp

VP of Finance & Facilities Management

James Feinberg

VP of Jewish Life

Ellis Engbar

Assist. VP of Community & Engagement

Dana Sanders

Assist. VP of Finance & Facilities Management

Tom Elsemore

Assist. VP of Jewish Life

Pattipeg Harjo

Board Secretary

Melissa VonAshen-Cook

Members-At-Large

Michael Gorlick Julie Mackoff

Rich Spitzer

Staff

Office Administrator: Sarah Davis
Director of Youth Education: Stefanie Somers

Committees & Task Forces

Atidaynu: Sheryl Shapiro Adult Education: Vacant Bereavement: Susan Cross B'nei mitzvah Coordinator: Pam Spitzer Book Club: Wyndi Russakoff

Building: Vacant

Calendar: Sarah Davis Campership: Sonia Siegel Vexler

Capital Campaign: Jessica Burgamy & Jeff Napp College & Military Outreach: Marilyn & Mike Glosser

Communications: JonaRose Feinberg
Facebook: Deb Henry

Financial Administrator: Norm Black First Chapter: Dana Sanders

Fundraising: Dana Sanders

HHD (Rosh HaShanah): Pattipeg Harjo HHD (Yom Kippur): Julie Mackoff

Life & Legacy: Sonia Siegel Vexler

Library: Melissa VonAschen-Cook Membership: Leslie Elsemore

Mitzvah Corps: Carolyn Wexler

Next Chapter: Sonia Siegel Vexler Nominations: Sonia Siegel Vexler

Oneg Coordinator: Janet Karr ORacle Editor: Kathie Roon

ORacle Publisher: Rich Spitzer

ORbits: Janis Warner

Remodel: Harold Dash & Melanie Field Ruach and Ritual: Janis Warner

Safety and Security: Mark Bresnick

Social Action: Naomi Katsh Barger & Melissa VonAschen-Cook

Technology: James Feinberg Website: JonaRose Feinberg

Youth Education: Meghan Lefrancois-Hanson &

Rani Linarelli



OCTOBER 2024

Elul / Tishrei 5784-85



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Executive Board meeting 7:00 pm	Erev Rosh HaShanah	1 Tishrei 3 Office closed Rosh HaShanah	Liaison meeting 1:00 pm	5 Creative Shabbat 10:00 am
Governing Board meeting 9:00 am	Finance Committee meeting 7:00 pm	Remodel Task Force meeting 7:30 pm	9	10	Erev Yom Kippur	Yom Kippur
No RS	Communications Committee meeting 7:00 pm	ORacle deadline Life & Legacy Committee meeting 11:00 am	Ruach & Ritual Committee meeting 7:30 pm	17 Office closed	Sukkot membership dinner 6:00 pm	19
TBO Tots	Membership Committee meeting 7:00 pm	22	Safety & Security Committee meeting 7:30 pm	24 Simchat Torah	25	26
27	28	Office closed 29	Office closed Executive Board meeting 7:00 pm	Office closed 31		

Fill out the Calendar/Event Submission Form to add an item to the calendar and/or set up a Zoom meeting; this includes all committee meetings. Please submit a form even if you are using a private Zoom.

templebethor.org/calendar-submission

Note: Appointments are no longer required for visiting the building. During office hours, advanced notification of building access is requested for safety and security reasons. Please contact the office prior to entering the building (425-259-7125 x1). Office Hours are Tuesday - Friday from 9:00 am-4:30 pm.

Check ORbits, TBO Facebook page, or the TBO website for the most up-to-date information.

Return Service Requested

Temple Beth Or Mission Statement

Temple Beth Or is a warm, compassionate, vibrant, spirited, inclusive, and participatory Reform Jewish community.

We are religiously and geographically diverse, serving the northern Puget Sound region of Washington State. As God's covenantal partners in fulfilling mitzvot, our priorities are:

- K'hilah (community)/Mishpachah (family) nurturing our interactive, multigenerational extended family;
- Torah lifelong learning, searching for meaning, and seeking comfort and healing;
- Avodah worship and celebration through the observance of meaningful, creative, and traditional rituals;
- Tikkun olam transforming ourselves and our world through tzedakah (fairness), social justice, and g'milut chasadim (acts of loving kindness).

If you prefer to read the *ORacle* online only, please contact the Temple Beth Or office to be removed from the postal mailing list.